

Under My Skin

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Count: 32

Wall: 2

Level: High Intermediate

Choreographer: Karl-Harry Winson (UK) - September 2025

Intro: 16 Counts (Start on Vocals)

Back/Sweep. Behind. 1/4 Turn. Forward Rock. 3/4 Turn Left. Left Sailor Step.

Back/Sweep. Behind. 1/8 Turn.

1,2a Step Right back sweeping Left from front to back. Cross Left behind Right. Turn 1/4 Right stepping Right forward. (3.00)

3,4a Rock Left forward. Recover weight on Right. Turn 1/2 Left stepping Left forward (9.00)

5 Turn 1/4 Left stepping Right to Right side sweeping Left from front to back (6.00).

6&a Cross Left behind Right. Step Right to Right side. Step Left out to Left side.

7 Step Right back sweeping Left from front to back. (6.00)

8a Cross Left behind Right. Turn 1/8 turn Right stepping Right to Right diagonal (7.30)

Step/Hitch. Back/Drag. 1/8 Turn Left. Right Twinkle. Syncopated Weave Right. 1/4 Turn Left. Cross Shuffle.

1 - 2 Step Left forward to Right diagonal hitching Right knee. Step Right back dragging Left up towards Right. (7.30)

3 Step Left forward and sweeping Right from back to front turning 1/8 Left straightening up to 6.00 Wall.

4&a Cross Right over Left. Step Left to Left side. Close Right beside Left raising onto the balls of your feet.

5a Cross Left over Right. Step Right to Right side.

6a Cross Left behind Right. Step Right to Right side. (6.00)

7 Cross Left over Right as you hitch Right knee up turning 1/4 turn Left. (3.00)

8a1 Cross Right over Left. Step Left beside Right. Cross Right over Left. (3.00)

Recover. 1/4 Turn Right. Step. Pivot 1/2 Turn Right. 1/2 turn Right. Back/Sweep X3. Behind-Side-Cross.

2a Recover weight on Left. Turn 1/4 Right stepping Right forward. (6.00)

3 - 4 Step Left forward. Slowly Pivot 1/2 turn Right transferring weight forward onto Right. (12.00)

a5 Turn 1/2 turn Right stepping Left back. Step back on Right sweeping Left from front to back. (6.00)

6 Step back on Left sweeping Right from front to back. (6.00)

7 Step back on Right sweeping Left from front to back. (6.00)

8&a Cross Left behind Right. Step Right to Right side. Cross Left over Right. (6.00)

Right Side Rock. Roll Left. Left Side Rock. Roll Right. Left Twinkle. Cross. Side-Hitch.

1,2a Rock Right to Right side. Recover on Left turning 1/4 turn Left (3.00). Turn 1/2 Left stepping Right back (9.00).

3,4a Turn 1/4 Left rocking Left to Left side (6.00). Recover on Right turning 1/4 Right (9.00). Turn 1/2 Right stepping Left back (3.00).

5 Turn 1/4 Right stepping Right to Right side sweeping Left from back to front. (6.00).

6&a Cross Left over Right. Step Right to Right side (angle body to Left diagonal). Close Left beside Right (6.00).

7 Cross step Right over Left (6.00)

8 Step Big step to Left side dragging Right up towards Left and Hitch Right knee up (all on 1 count) (6.00).

***Non-Turning Option for counts 1 - 5 of Section 4**

Syncopated Side Rocks Right & Left.

1,2a Rock Right out to Right side. Recover on Left. Step Right in place beside Left.

3,4a Rock Left out to Left side. Recover weight on Right. Step Left in place beside Right.

5 Step Right to Right side sweeping Left from back to front. (6.00).

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=201973