

# Double Up

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**Count:** 64

**Wall:** 4

**Level:** Intermediate Phrased

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## 16 Count Tag

**Intro: 32 Counts**

**Phrasing: 64/Tag/56/64/Tag/64/Tag/Tag/48**

**Back, Drag, Ball, Step, Step, 1/4 L Side, Drag, Behind, Side, Cross**

**1-2& Big step back on RF, Drag LF towards RF, Close LF next to RF**

**3-4 Step forward on RF, Step forward on LF**

**5-6 Make a 1/4 turn L and Big step RF to R side, Drag LF towards RF (now facing 9:00)**

**7&8 Cross LF behind RF, Step RF to R side, Cross LF over RF**

**Rock, Recover 1/4 L, Shuffle 1/2 L, Back, Back, Coaster Step**

**1-2 Rock RF to R side, Recover onto LF making a 1/4 turn L**

**3&4 Make a 1/4 turn L and step RF to R side, Close LF next to RF, Make a 1/4 turn L and step back on RF (now facing 12:00)**

**5-6 Step back on LF popping R knee, Step back on RF, Popping L knee**

**7&8 Step back on LF, Close RF next to LF, Step forward on LF**

**Out, Out, Hold, Sway R, Sway L, Ball, Rock, Recover, Behind, Side, Cross**

**&1-2 Step RF to R side, Step LF to L side, Hold**

**3-4& Sway hips to R, Sway hips to L, Close RF next to LF**

**5-6 Rock LF to L side, Recover onto RF,**

**7&8 Cross LF behind RF, Step RF to R side, Cross LF over RF**

**Side, Close, Hold, Twist R, Twist L, Ball, Cross, 1/4 L, 1/2 L, L Sailor Step (into Step Lock)**

**&1-2 Step RF to R side making 1/8 turn L, Close LF next to RF, Hold**

**3-4 Twist both heels to R, Twist both heels to L**

**&5-6 Put weight onto LF, Cross RF over LF making 1/8 turn R, Make a 1/4 turn L and step forward on LF**

**7-8& Make a 1/2 turn L and step back on RF, Cross LF behind RF, Step RF to R side (now facing 3:00)**

**Step, Lock, Step, Lock, Step (All to L diagonal), Step Lock, Step, Lock, Step (All to R Diagonal)**

**1-2 Step LF diagonally forward to L, Lock RF behind LF**

**3&4 Step LF diagonally forward to L, Lock RF behind LF, Step LF diagonally forward to L**

**5-6 Step RF diagonally forward to RF, Lock LF behind RF**

**7&8 Step RF diagonally forward to RF, Lock LF behind RF, Step RF diagonally forward to RF**

**Cross, Back 1/4 L, L Shuffle, 1/4 R, Extended Cross Shuffle R**

**1-2 Cross LF over RF, Make a 1/4 turn L and step back on RF (now facing 12:00)**

**3&4 Step LF to L side, Close RF next to LF, Step LF to L side**

**5-6& Make a 1/4 turn L step RF to R side, Cross LF over RF, Step RF to R side (now facing 9:00)**

**7&8 Cross LF over RF, Step RF to R side, Cross LF over RF**

**Rock, Recover, R Sailor 1/4 R, Step, Pivot 1/2 R, Step, Kick**

**1-2 Rock RF to R side, Recover onto LF**

**3&4 Cross RF behind LF, Make a 1/4 turn R and close LF next to RF, Step forward on RF (now facing 12:00)**

**5-6 Step forward on LF, Make a pivot 1/2 turn R (now facing 6:00)**

**7-8 Step forward on LF, Kick RF forward**

**Back, Touch back, Step, 1/2 L Hitch, Back, Mashed Potatoes back (L, R, L)**

**1-2 Step back on RF, Touch LF back**

**3-4 Step forward on LF, Make a 1/2 turn L hitching up R knee**

**5-6& Step back on RF, Step back on LF twisting with heels in, Twist both heel out**

**7&8 Step back on RF twisting both heels in, twist both heel out, Step back on LF twisting both heels in**

**Easier option for counts 6-8 walk back L, R, L**

**TAG (after wall 1, 3, 4 (Double Tag))**

**Back, Hold, Rock, Recover, Step, Spiral Full turn R, Walk R, Walk L**

**1-2 Step back on RF, Hold**

**3-4 Rock back on LF, Recover onto RF**

**5-6 Step forward on LF, Start a full turn Spiral R**

**7-8 Finish spiral R by stepping forward on RF, Step forward on LF (now facing 12:00)**

**Step. Sweep 1/4 R, Cross, 1/4 L, 1/2 L, Rock, Recover, Back Shuffle**

**1-2 Step forward on RF, Make a 1/4 turn R and sweep LF from back to front (now facing 3:00)**

**3-4 Cross LF over RF, Make a 1/4 turn L and step back on RF (now facing 12:00)**

**5-6 Make a 1/4 turn L and Rock LF to L side, Recover onto RF making a 1/4 turn L (now facing 6:00)**

**7&8 Step back on LF, Close RF next to LF, Step back on LF**