

A Wind Up (□□□)

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Count: 32

Wall: 4

Level: Beginner/Intermediate

Choreographer: Robbie McGowan Hickie (UK)

Music: "How'd I Wind Up In Jamaica" by Tracy Byrd (94 bpm ... 16 Count intro) CD ... "The Truth About Men" Alternative: "Shipwrecked" by Sunshine Cowboys (93 bpm...16 Count intro) CD..."LD Feve

□□□ **16 counts from first beat, on vocal**

(app. 7 secs into track). Start with weight on L foot

□□□

Side. Together. Right

Scissors. Side Rock & Step Forward. Right Lock Step Forward. □ , □ , □□□ , □□□ □□

□ , □□□

1 - 2

Step Right to Right

side. Close Left beside Right.

□□□□ , □□□□

3&4

Step Right to Right

side. Close Left beside Right. Cross step Right over Left. □□□□ ,

□□□□ , □□□□□□□□

5&6

Rock Left to Left side.

Recover weight on Right. Step forward on Left.

□□□□□ , □□□□ , □□□□

7&8

Step forward on Right.

Lock Left behind Right. Step forward on Right.

□□□□ , □□□□□□□□ , □□□□

□□□

Left Mambo Forward. Right

Shuffle 1/2 Turn Right. Step. 1/4 Turn Right. Cross. Chasse Right. □□□□ , □□□□ , □ 1/4, □□□□ ,

□□□□

1&2

Rock forward on Left. Rock back on

Right. Step back on Left.

□□□□□□□□ , □□□□□□□□ , □□□□□□□□

3&4

Right shuffle back turning 1/2 turn

Right stepping Right. Left. Right.

□□ 180□□□□□□□□ -□ , □ , □

5&6

Step forward on Left.

Pivot 1/4 turn Right. Cross step Left over Right.

□□□□□□□□ , □□□□ 90□□ , □□□□□□□□□□

7&8

Step Right to Right

Chasse 1/4 Turn Right.

Step. Pivot 1/2 Turn Right. Step. Right Lock Step Forward. Hip Bumps. □□□ 1/4, □ □ , □ ,
□□□ , □□

1&2

Step Right to Right side. Close Left

beside Right. Step Right 1/4 turn Right.

□□□□ , □□□□ , □□□□□□ 90°

3&4

Step forward on Left.

Pivot 1/2 turn Right. Step forward on Left.

□□□□ , □□□ 180° , □□□□

5&6

Step forward on Right.

Lock Left behind Right. Step forward on Right.

□□□□ , □□□□□□□□ , □□□□

7&8

Step Left slightly Left bumping hips

Left. Bump hips Right. Bump hips Left. (Facing

3 o'clock)

□□□□□□□□ , □□□ , □□□ (□□ 3□□)

Optional Ending:

(When using music by Tracy Byrd) ...

Music ends on Counts 7&8 of Section 2 (Chasse Right) ... do a Chasse 1/4

turn Right to finish facing Front Wall

(Tracy Byrd) 2 7&8 (), 90

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=10465