

Go Mama Go

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Count: 64 **Wall:** 4 **Level:** Beginner/Intermediate

Choreographer: Kate Sala & Robbie McGowan Hickie (UK) Apr 09









Music: Let Your Momma Go by Ann Tayler (CD: Let Your Momma Go [162bpm])

 **32 Count intro from the Beginning**



Side Step Right. Together.

1/4 Turn Right. Hold. Step. Pivot 1/2 Turn Right. 1/4 Turn Right. Hold.

 ,  ,  1/4,  ,  ,  1/2,  1/4, 

1-2

Step Right to Right side. Close Left beside Right.

 , 

3-4

Make 1/4 turn Right stepping forward on Right. Hold.

 90 , 






5-6

Step forward on Left. Pivot 1/2 turn Right.

 ,  180

7-8

Make 1/4 turn Right stepping Left to Left side. Hold. (Facing

12 o'clock)  90 ,  ( 12)

Note: At the END of Wall 5 (Facing 3 o'clock) ...

Dance the 1st Section of the dance Only (Counts 1 - 8), Then continue

with a 12 Count Tag as follows:

□□□□ (□□ 3□□)□□□□□□ , □□□ 12□□□□□□□□

12 Count Tag: Behind. Hold. 1/4 Turn Left. Hold. Right Jazz Box Cross

with Holds. 12□□□□□ , □ , □ 1/4,

□ , □□□□□□□□

1-4

Cross Right behind Left. Hold. Make 1/4 turn Left stepping

forward on Left. Hold.□□□□□□□□ , □ , □□ 90□□□□□□ , □

5-8

Cross step Right over Left. Hold. Step back on Left.

Hold.

□□□□□□□□ , □ , □□□□□□ , □

9-12

Step Right to Right side. Hold. Cross step Left over

Right. Hold. (Facing 12 o'clock)□□□□□□ , □ , □□□□□□□□□□ , □ (□□ 12□□)
Then Restart the dance again from the Beginning (Facing

12 o'clock)

□□□□ (□□ 12□□)

□□□

Back Rock. Toe Strut

Right. Back Rock. Toe Strut Left.

□□□ , □□□ , □□□ , □□□

1-4

Rock back on Right. Rock forward on Left. Step Right

toe to Right side. Drop Right heel to floor.

□□□□ , □□□□ , □□□□ , □□□□

5-8

Rock back on Left. Rock forward on Right. Step Left toe

to Left side. Drop Left heel to floor.

□□□□ , □□□□ , □□□□ , □□□□

□□□

Behind. Side. Cross. Hold.

Side Rock. Recover 1/4 Turn Right. Step Forward. Hold. □ , □ , □□ , □ , □□□ , □ 1/4□□ , □□ , □

1-4

Cross Right behind Left. Step Left to Left side. Cross

step Right over Left. Hold. □□□□□□□□ , □□□□ , □□□□□□□□ , □

5-6

Rock Left to Left side. Recover weight on Right making

1/4 turn Right. □□□□ , □□□□ 90□

7-8

Step forward on Left. Hold. (Facing 3 o'clock)

□□□□ , □ (□□ 3□□)

□□□

Diagonal Locks Step (Right

& Left) with Scuff.

□□□□ (□ , □)□□□

1-2

Step Right Diagonally forward Right. Lock step Left

behind Right.

□□□□□ , □□□□□□□

3-4

Step Right Diagonally forward Right. Scuff Left forward

and out to Left side. □□□□□ , □□□□□□□□

5-6

Step Left Diagonally forward Left. Lock step Right

behind Left.

□□□□□ , □□□□□□□

7-8

Step Left Diagonally forward Left. Scuff Right forward

and out to Right side. □□□□□ , □□□□□□□□

□□□

Reverse Rumba Box.

mso-font-kerining:0pt">□□□□□□

1-4

Step Right to Right side. Close Left beside Right. Step

back on Right. Hold. □□□□ , □□□□ , □□□□ , □

5-8

Step Left to Left side. Close Right beside Left. Step

forward on Left. Hold. □□□□ , □□□□ , □□□□ , □

□□□

Step. Pivot 1/2 Turn Left. Step Forward.

Hold. Full Turn Right (Travelling Forward). Hold.

mso-font-kerning:0pt">□ □

mso-font-kerning:0pt">1/2, □□ , □ , □□□ , □

1-4

Step forward on Right. Pivot 1/2 turn Left. Step

forward on Right. Hold. □□□□ , □□□ 180□ , □□□□ , □

5-8

Travelling Forward...Make a Full turn Right stepping

Left. Right. Left. Hold. (Facing 9 o'clock)

□□□□□□□□ -□ , □ , □ , □ (□□ 9□□)

Easier option

5-8□□□□

Counts 5 - 8 above ...

Left Lock Step Forward with Hold.

□□□□□ , □

□□□

Side Step Right. Toes Touches In-Out-In.

Side Step Left. Toe Touches In-Out-In.

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□ -

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mso-font-kerneing:0pt">, □□ , □□ -□ -□

1-2

Long step Right to Right side. Touch Left toe beside

Right.

□□□□ , □□□□

3-4

Touch Left toe out to Left side. Touch Left toe beside

Right.

□□□□ , □□□□

5-6

Long step Left to Left side. Touch Right toe beside

Left.

□□□□ , □□□□

7-8

Touch Right toe out to Right side. Touch Right toe

beside Left.

□□□□ , □□□□

□□

Mambo 1/2 Turn Right. Stomp Forward. Hold

for 3 Counts.

□

mso-font-kerning:0pt">1/2□□ , □□□ , □ 3□

1-4

Rock forward on Right. Rock back on Left. Make 1/2 turn

Right stepping forward on Right. Hold.

□□□□ , □□□□ , □□ 180□□□□ , □

5-8

Stomp forward on Left; spreading hands out to each

side. Hold for 3 Counts. (Facing 3 o'clock)

□□□□ , (□□□□)□ 3□ (□□ 3□□)

ENDING: The Music Ends DURING Wall 8 (Facing 3 o'clock)

... to finish Facing the Front Wall ... Dance up to Count 12 ... then Count 13:

Rock back on Left. 14: Rock forward on Right. 15: Make 1/4 turn Left stepping

forward on Left. 16: Hold and Pose!!!! ... It's MUCH Easier than it looks ...

Trust Me!!!!

□□□□□□ (□□ 3□□) , □□□□□□□□ , □□□ 12□ , 13-16□□□□□□□□

□□□□ , □□□□ , □□ 90□□□□ , (□□□□)□