

# Drop It Low

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**Count:** 56

**Wall:** 4

**Level:** Intermediate / Higher Intermediate

**Choreographer:** Dwight Meessen & Marianne Schmitz

**Music:** Drop It Low by Kat Deluna

**Start from 15 seconds, when she sings: "Move your body baby"**

**2 x Walk Fwd, Step R Side with a hip bump, Hip Bump, Hip Bump, Hip Bump, ¼ Turn Right, ¼ Turn Right, Behind, Side ,Cross**

**1RF Walk Fwd**

**2LF Walk Fwd**

**3RF Step to Right side, hip bump to right**

**&LF Hip bump to Left side**

**4RF Hip bump to Right side**

**&LF Hip bump to Left side**

**5RF Step ¼ Turn(right) (3)**

**6LF Step ¼ Turn (right) (6)**

**7RF Cross behind L**

**&LF Step to Left side**

**8RF Cross over L**

**Side Rock, Recover, Sailor ¼ Turn(left), ½ Turn (left), Touch Bump & Step Fwd**

**1LF Rock out to Left side**

**2RF Recover weight**

**3LF ¼ Turn R, Cross step R behind L(3)**

**&RF Step in place**

**4LF Step fwd on R**

**5RF Step fwd**

**6R+L ½ Turn (left) (9)**

**7RF toe diagonal bump hip Right**

**& Bump hip Left**

**8RF Step fwd**

**¼ Turn(right), Cross Behind L, Step L side with a Hip Bump, Hip Bump, Hip Bump(weight on R), L Rock Back , Recover, ½ Turn (right)**

**1LF Step ¼ Turn, step to Left side(right)(12)**

**2RF Cross behind L**

**3LF Step to Left side, hip bump to Left**

**&RF Hip bump to Right**

**4LF Hip bump to Left, weight on Right**

**5LF Rock Back**

**6RF Recover Weight**

**7LF Step fwd**

**8L+R ½ Turn (right) (6)**

**Hip Sways Left , Right, Coaster Step, ½ Turn(left)Side Rock R, Recover Weight**

**1 Sway Left**

**2 Sway Right**

**3LF Step Back**

**&RF Step together**

**4LF Step fwd**

**5RF Step fwd**

**6R+L  $\frac{1}{2}$  Turn(Left) (12)**

**7RF Rock out to Right side**

**8LF Recover weight**

**Cross over L, Side Rock , Recover, Side, Cross Behind,  $\frac{1}{4}$  Shuffle Fwd(right)**

**1RF Cross over L**

**2LF Rock out to Left side**

**3RF Recover weight**

**4LF Cross over R**

**5RF Step to Right side**

**6LF Cross behind R**

**7RF  $\frac{1}{4}$  Turn Fwd, Step fwd(right) (3)**

**&LF Close next to R**

**8RF Step Fwd**

**$\frac{1}{2}$  Turn(right), Shuffle Fwd, Full Turn Fwd(left), Rock Fwd, Recover**

**1LF Step fwd**

**2L+R  $\frac{1}{2}$  Turn(right) (9)**

**3LF Step fwd**

**&RF Close next to L**

**4LF Step fwd**

**5RF  $\frac{1}{2}$  Turn fwd, step back(left)**

**6LF  $\frac{1}{2}$  Turn fwd, step fwd(left)**

**7RF Rock fwd**

**8LF Recover weight**

**&, Touch, &, Touch, &, Touch, Kick, Rock Back, Recover, Step Fwd, Flick R Back**

**&RF Step on position**

**1LF Touch left fwd**

**&LF Step on position**

**2RF Touch right fwd**

**&RF Step on position**

**3LF Touch left fwd**

**4LF Kick fwd**

**5LF Rock Back**

**6RF Recover weight**

**7LF Step fwd**

**8RF Flick R behind up**

**Restarts:-**

**In the 2nd wall after count 48**

**In the 4th wall after count 48**

**In the 6th wall after count 48**