

# J Ho (□□□□□□ )

**Count:** 64      **Wall:** 4      **Level:** Intermediate/Advanced

**Choreographer:** Maggie Gallagher (Mar 09)

**Music:** Jai Ho by The Pussycat Dolls

□□    **32 counts (14 secs)**

□□

**Touch, Press, Heel**

**Swivels, Kick, Cross, 3/4 Unwind, Left Ronde**

□ , □ , □□    , □ , □□    , □ 3/4, □□

**1,2**

**Touch right toe next to left, Press right toe forward**

**on right diagonal (12.00)** □□□□    , □□□□□□    (□□ 12□□ )

**3,4**

**Swivel right heel out, Swivel right heel in**

□□□□□□    , □□□□□□

**5,6**

**Recover onto left kicking right foot forward on a right**

**diagonal, Cross right over left** □□□□□□□□    , □□□□□□□□

**7,8**

**Unwind 3/4 turn to left (keeping weight on right),**

**Ronde sweep left toe behind right (3.00)**

□□ 270□□□□□□    , □□□□□□□□    (□□ 3□□ )

□□

**Cross, Side, 1/2**

**Hinge-Chasse, 1/2 Hinge-Rock, Recover, Walks Forward** □□ , □ , □ 1/2□ , □ 1/2□□□□ , □□□

**1,2**

**Cross left behind right, Step right to right side**

□□□□□□□□ , □□□□

**3&4**

**1/2 hinge turn to right stepping left to left side,**

**Step right beside left, Step left to left side (9.00)**

□□ 180□□□□□□ , □□□□ , □□□□ (□□ 9□□ )

**5,6**

**1/2 hinge turn right rocking out to right side, Recover**

**onto left (3.00)** □□ 180□□□□□□ , □□□□ (□□ 3□□ )

**7,8**

**Walk forward right, Walk forward left** □□□□ , □□□□

□□□

**Out-Out, Rock Back,**

**Recover, Side, Point Back, Unwind 1/2 Left, Walks R, L** □ -□ , □□□□□□ , □□ , □□ , □□ 1/2, □□

**&1**

**Optional arms:**

□□

**Stomp out to right side, Stomp out to left side (feet**

**shoulder width apart) □□□□ , □□□□ (□□□□ )**

**Right arm is raised and pointing towards the right**

**diagonal. The right palm is facing away and is vertical.**

□□□□□□□□ , □□□□□ , □□□□□

**The left arm is horizontal and crossed in front of the**

**chest. The left palm is also vertical and facing right.**

□□□□□□□□ , □□□□□ , □□□□□

**2,3**

**Rock back diagonally on right, Recover onto left**

□□□□□□ , □□□□

**4**

**Step to right side**

□□□□

**5,6**

**Point left toe back, Unwind 1/2 turn to left placing**

**weight on left (9.00) □□□□ , □□□ 180□□□□□ (□□ 9□□ )**



□□□□□□□□ , □□□□□□ , □□□□□□

2,3

**Rock back diagonally on right, Recover onto left**

□□□□□□ , □□□□

4

**Step to right side**

□□□□

5,6

**Point left toe back, Unwind 1/2 turn to left placing**

**weight on left (3.00) □□□□□□ , □□□ 180□□□□□□ (□□ 3□□ )**

7,8

**Walk forward right, Walk forward left □□□□ , □□□□**

□□□

**Toe-Tap Turn, Heel Tap, Hold, Indian Heel**

**Rocks, Together-Flick**

□□□□ , □□□□ , □□□□ , □□□□□□□□ , □□□□

1,2,3

**Make 1/2 turn left whilst tapping right toe out (tap,**

**tap), Tap right heel forward (9.00)**

□□ 180□□□□□□□□ , □□□□□□ (□□ 9□□ )

4

**HOLD □**

5

**Drop right toes down whilst rocking forward onto right**

**foot and raising left heel** □□□□ (□□□□ , □□□□ )

6

**Drop left heel down whilst rocking back onto left foot**

**and raising right toes** □□□□ (□□□□ , □□□□ )

7

**Drop right toes down whilst rocking forward onto right**

**foot and raising left heel** □□□□ (□□□□ , □□□□ )

8

**Step left next to right whilst flicking right foot back**

**(9.00)**

□□□□□□□□ (□□ 9□□ )

**Optional arms:**

**1-8□□□**

**The right arm is horizontal and pointing to the right**

**side. The left arm is crossed in front of the chest. The middle finger and thumb**

**are touching on each hand.**

□□□□□□□□ , □□□□□□□□ , □□□□□□□□□□□□

□□□

**Step, 1/2 Pivot Left, Step, Hold, Full Turn**

**Right, Step Left, 1/2 Pivot Right □ , □□ 1/2,**



**Optional arms:**

**1-8** □□□

**((count 8 only) as S5:Arms)** □□ 5□□□

**(Then restart the dance from the BEGINNING)** □□□□

□□□

**Cross, Point, Cross, Point, Cross, Side Bump**

**Right, Hip Bumps L, R, L** □□

mso-font-ker...>, □ , □□ , □ , □□ , □□□ , □□ -□ , □ , □

**1,2**

**Cross left over right, Point right to right side**

□□□□□□□□ , □□□□

**3,4**

**Cross right over left, Point left to left side**

□□□□□□□□ , □□□□

**5**

**Cross left over right**

□□□□□□□□

**Optional arms:**

**1-5** □□□

**Put arms straight down with palms facing ground and**

**bounce shoulders in time with the steps as if bouncing balls.**

□□□□□□ , □□□□□□ , □□□□□□□□

6

Step right to right side bumping hips to right side

□□□□□□

7&8

**Bump hips L, R, L (9.00) □□ -□ , □ , □ (□□ 9□□ )**

Optional arms:

6-8□□□

Arms are bent at the elbow with closed palms facing

yourself. The clenched fists are alternately pushed up & down in opposite

motion to the hip bumps, i.e. left fist raised while right hip bumps right.

□□□□□□□□□□ , □□□□□□□□□□□□□□

□□□

Left Cross, Diagonal Toe Press, Heel Taps,

Right Jazz With Left Cross □□□ , □□□□ , □□□□ , □□□□□□

1,2

Cross right over left, Press left toe forward on left

diagonal (heel raised) □□□□□□□□ , □□□□□□□□

3,4

Tap left heel twice (leaving it down on the second tap)

□□□□□□ (□□□□□□□□□□ )

5,6

Cross right over left, Step back on left,

□□□□□□□□ , □□□□

7,8

**Step right to right side, Cross left over right (9.00)**

□□□□ , □□□□□□□□ (□□ 9□□ )

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=10106](https://www.linedance.com/index.php?f=dance_view&id=10106)