

LIVE & LET DIE

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Count: — Wall: — Level: —

Choreographer: Max Perry

Music: Live & Let Die by Paul McCartney & Wings

Sequence: 2-count intro, then dance Section "A" Starting with Count 3 (side left), B, C, B(1-32), Section "A" Starting with count 1 (put weight on left instead of right after unwind), then repeat B (1-32) until end of song with a full unwind instead of a 1/2 at the very end to face the 12:00 wall

SECTION A (NIGHTCLUB)

1st time through start with count 3 to the left. 2nd time through start on 1

BASIC - SIDE, ROCK STEP, SIDE, ROCK STEP, SIDE

1-2&3 Step right to right side, rock left back, step right in place (recover), step left to left side

4& Rock right back, step left in place (recover)

SIDE, $\frac{3}{4}$ WALK AROUND TURN RIGHT, FORWARD, $\frac{1}{2}$ PIVOT TURN LEFT

5-6& Step right to right side (toe turned out), step left forward and across right & turn $\frac{3}{4}$ right, step right in place

Should now face 9:00

7-8& Step left forward, step right forward & turn $\frac{1}{2}$ left, step left in place

Should now face 3:00

$\frac{1}{2}$ TWISTING RONDE', BEHIND, SIDE, CROSS, TURN $\frac{1}{2}$ LEFT, BACK, SIDE, CROSS ROCK

1 Step right forward & turn $\frac{1}{2}$ left as you ronde' left from front to side

Face 9:00

2&3 Cross left behind right, step right to right side, cross left over right

4&5 Turn $\frac{1}{2}$ left as you step right back, step left to left side, cross rock right over left

Face 3:00

6& Step left in place (recover), step right to right side

WEAVE RIGHT, $\frac{3}{4}$ WALK AROUND TURN, BASIC TO KICK RONDÉ' TO CROSS ROCK, SLIP PIVOT

- 7&8&** Cross left over right, step right to right side, cross left behind right, step right to right side toe turned out
- 1-2** Step left forward and across right turning right, step right in place turning right to complete $\frac{3}{4}$ right turn

Should now be facing 12:00

- 3-4&** Step left to left side, cross rock right over left, step left in place (recover) toward 11:00
- 5** Step right to right side (toe turned out) toward 1:00, kick left forward and across and turn on the ball of the right foot, right around to 11:00
- 6** Step left to left side (toe turned out)
- 7-8&** Cross rock right over left, step left in place (recover), step right back turning $\frac{1}{2}$ left (little slip pivot) (6:00)

FULL PADDLE TURN LEFT, HOLD, FULL UNWIND, COASTER STEP TO FORWARD ROCK STEP

- 1&2&3-4** Cross, ball, cross, ball, cross, hold (left, right, left, right, left)

Turn full 360 over counts 1-3, hold count 4

- 5-6** Full unwind right (weight on right foot), hold

Still face 6:00

- 7&8&** Step left back, step right next to left, rock left forward, step right in place (recover)

BASIC TURNING $\frac{1}{4}$ LEFT, FORWARD ROCK TO 1 AND $\frac{1}{2}$ SPIN TRAVELING TO LEFT

- 1-2&** Step left to left side, rock right back turning $\frac{1}{4}$ left, step left in place (recover)
- 3-4&** Step right to right side, rock left forward, step right in place

Face 3:00

- 5-6&** Turn $\frac{1}{4}$ left and step left forward and turn $\frac{1}{2}$ left, step right back and turn $\frac{1}{2}$ left, step left forward & turn $\frac{1}{4}$ left

Now face 9:00

- 7-8&** Step right to right side, rock left forward, step right in place (recover)

BASIC TURNING ¼ LEFT, FORWARD ROCK TO 1 FULL SPIN TRAVELING TO LEFT

- 1-2&** Step left to left side, rock right back turning ¼ left, step left in place (recover) face 6:00
- 3-4&** Step right to right side, rock left forward, step right in place
- 5-6** Turn ¼ left and step left forward then turn an additional ½ left, turn ¼ left and step right back

You should still be facing 6:00

SECTION B (STRAIGHT RHYTHM)

STEP FORWARD, HITCH, BACK, TOGETHER, STEP FORWARD, HITCH, BACK, TOGETHER

- 1-2-3-4** Step left forward, hitch right knee, step right back, step left next to right
- 5-6-7-8** Step right forward, hitch left knee, step left back, step right next to left (6:00)

PARTIAL JAZZ BOX TURNING ¼ LEFT, WEAVE TO UNWIND ½ RIGHT

- 1-2-3-4** Cross left over right, step right back turning ¼ left, step left to left side, cross right over left (3:00)
- 5-6-7-8** Step left to left side, cross right behind left, unwind turning ½ right over counts 7-8 (weight on right) (9:00)
- 1-16** Repeat first 16 counts of Section B

Should face 12:00 wall

BASIC TURNING ¼ LEFT, FORWARD ROCK TO 1 AND ½ SPIN TRAVELING TO LEFT

- 1-2&** Step left to left side, rock right back turning ¼ left, step left in place (recover)
- 3-4&** Step right to right side, rock left forward, step right in place

Face 9:00

- 5-6&** Turn ¼ left and step left forward and turn ½ left, step right back and turn ½ left, step left forward & turn ¼ left

Now face 3:00

- 7-8&** Step right to right side, rock left forward, step right in place (recover)

SLOW HEEL JACKS (NOT SYNCOPATED)

1-2-3-4 Step left to left side & slightly back, touch right heel in place, step right in place (home), step left next to right

5-6-7-8 Step right to right side & slightly back, touch left heel in place, step left in place, step right next to left

3:00

KICK, CROSS, SIDE, CROSS, KICK, CROSS, SIDE, CROSS

1-2-3-4 Kick left diagonally forward, cross left behind right, step right to right side, cross left over right

5-6-7-8 Kick right diagonally forward, cross right behind left, step left to left side, cross right over left

3:00

KICK FORWARD, COASTER STEP (NOT SYNCOPATED), KICK FORWARD, COASTER STEP (NOT SYNCOPATED)

1-2-3-4 Kick left forward, step left back, step right next to left, step left forward

5-6-7-8 Kick right forward, step right back, step left next to right, step right forward

3:00

KICK, BALL, CROSS, STEP, KICK, BALL, CROSS, STEP (KICK TO CHA-CHA LOCK MOVING BACKWARDS TWICE)

1-2-3-4 Kick left forward, step left back with ball of foot, cross right over left, step left back

5-6-7-8 Kick right forward, step right back with ball of foot, cross left over right, step right back

3:00

KICK, CROSS, STEP, STEP (TURNING SAILOR) TURNING ½ LEFT, KICK, COASTER STEP

1-2-3-4 Kick left forward, cross left behind right turning ½ left, step right in place completing turn, step left forward

5-6-7-8 Kick right forward, step right back, step left next to right, step right forward

Now should face 9:00

SECTION C (MAMBO RHYTHM)

KICK FORWARD, COASTER STEP (NOT SYNCOPATED), KICK FORWARD, COASTER STEP (NOT SYNCOPATED)

1-2-3-4 Kick left forward, step left back, step right next to left, step left forward

5-6-7-8 Kick right forward, step right back, step left next to right, step right forward

9:00

KICK, SIDE ROCK, TOGETHER, KICK, SIDE ROCK, TOGETHER

1-2-3-4 Kick left forward, rock left to left side, step right in place (recover), step left next to right

5-6-7-8 Kick right forward, rock right to right side, step left in place (recover), step right next to left

9:00

4X HEEL TOUCH FORWARD, TOGETHER (LEFT, RIGHT, LEFT, RIGHT) TURNING ½ RIGHT

1-2-3-4 Touch left heel forward, step left next to right, touch right heel forward, step right next to left

5-6-7-8 Touch left heel forward, step left next to right, touch right heel forward, step right next to left

During these 8 counts you should turn ½ right to end facing 3:00

SIDE ROCK, CROSS ROCK

1-2-3-4 Rock left to left side, step right in place (recover), cross rock left over right, step right in place (recover)

3:00

SIDE, HOLD, CROSS, HOLD, UNWIND 1 AND ¼ LEFT

1-2-3-4 Step left to left side, hold, cross right over left, hold

5-6-7-8 Unwind turning 1 and ¼ left

End facing 12:00 wall

STEP FORWARD, ½ PIVOT TURN LEFT, STEP FORWARD

9-10-11-12 Step left forward, step right forward & turn ½ left, step left in place, step right forward

Now face 6:00