

KEEPING MY DISTANCE

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Count: 32 **Wall:** 4 **Level:** Intermediate level

Choreographer: Theresa Needham (Sept 07)

Music: Keeping My Distance by Martina McBride [124 bpm / Evolution]

Or Music: Happy Girl by Martina McBride [116 bpm / Greatest Hits]

SIDE BEHIND, HEEL BALL CROSS, TOUCH $\frac{1}{4}$ RIGHT, KICK BALL STEP

- 1-2&** Step left to left side, cross right behind left, step left next to right
- 3&4** Dig right heel forward, step right next to left, cross left over right
- 5-6** Touch right out to right side, $\frac{1}{4}$ turn right, (weight remains on left) (3:00)
- 7&8** Kick right leg forward, step right next to left, step left forward

STEP $\frac{1}{2}$ RIGHT COASTER STEP, CROSS BACK $\frac{1}{4}$ LEFT STEP FORWARD

- 1-2** Step right forward, making $\frac{1}{2}$ turn right step left back (9:00)
- 3&4** Step right back, step left beside right, step right forward
- 5-6** Cross left over right, step right back
- 7-8** Make $\frac{1}{4}$ turn left stepping left forward, step right forward (6:00)

ROCK RECOVER TRIPLE $\frac{3}{4}$ LEFT, SIDE ROCK CROSS SHUFFLE

- 1-2** Rock left forward recover onto right
- 3&4** Triple $\frac{3}{4}$ turn left, left, right, left (9:00)
- 5-6** Rock right to right side, recover onto left
- 7&8** Cross right over left, step left to left side, cross right over left

FORWARD TOUCH $\frac{1}{4}$ RIGHT TOUCH, SIDE ROCK RECOVER $\frac{1}{4}$ RIGHT, WALK WALK

- 1-2** Step left forward, touch right behind left
- 3-4** Making $\frac{1}{4}$ turn right step right to right side, touch left next to right (12:00)
- 5-6** Rock left to left side, recover onto right making $\frac{1}{4}$ turn right (3:00)

7-8 Walk forward left, right (option: full turn right) REPEAT EMail