

BOUT THEM COWGIRLS

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Count: 64

Wall: 4

Level: Intermediate level

Choreographer: Rosalie Mackay (Dec 06)

Music: How 'Bout Them Cowgirls by George Strait (Track Time: 3.53)

Start on Vocals Album: It Just Comes Natural. Also available on Gone Country Dance Hits No.115

SIDE, TOUCH, SHUFFLE SIDE, BEHIND UNWIND, HEEL BALLSTEP (3.00)

1,2,3&4 Step L to L side, Slide R and touch beside L, Side shuffle R, L, R

5,6,7&8 Cross L behind R, Unwind $\frac{3}{4}$ turn L on to L, Touch R heel fwd, Step R back, Step L fwd

ROCK FWD/BACK, 1/2 TURN SHUFFLE FWD, PIVOT 1/2, SHUFFLE FWD

1,2,3&4 Rock fwd on R, Back on L, $\frac{1}{2}$ Turn R shuffle fwd R, L, R (9.00)

5,6 Step L fwd, Pivot $\frac{1}{2}$ turn R weight on R (3.00)

7&8*Shuffle fwd L, R, L*(For RESTART OMIT the shuffle and walk L, R)

3/4 TURN, ROCK FWD/BACK, COASTER STEP, ROCK FWD/BACK

1,2,3,4 $\frac{1}{2}$ Turn L step R back, $\frac{1}{4}$ Turn L step L to L side, Rock fwd on R, Rock back on L,

5&6,7,8 Step R back, Step L beside R, Step R fwd, Rock fwd on L, Rock back on R (6.00)

1/2 TURN ROCK FWD/BACK, COASTER STEP (12.00) BACK, BACK, SAMBER CROSS (FACE RIGHT DIAGONAL)

1,2,3&4 $\frac{1}{2}$ Turn L rock fwd on L, Rock back on R, Step L back, Step R beside L, Step L fwd

5,6,7&8 **Step R back, Step L back, Cross step R over L, Step L to L side, Step R in place**

(Travelling to R diagonal) CROSS, SCUFF, CROSS, SCUFF,(Turn to face 3.00) CROSS, TOUCH, BALLCROSS, SIDE

1,2,3,4 Cross L over R, Scuff R beside L, Cross R over L, Scuff L beside R turning to face (3.00)

5,6 Cross L over R, Touch R beside L

&7,8 Ball step R back, Cross L over R, Step R to R side

BACK ROCK, 1/4 TURN, TOGETHER, & 1/4 HEEL, & 1/4 HEEL, & HEEL X2

1,2,3,4 Rock back on L, Fwd on R, ¼ Turn R step L back, Step R beside L (6.00)

&5 ¼ Turn R step L in place, Touch R heel fwd (9.00)

&6 ¼ Turn L step R beside L, Touch L heel fwd (6.00)

&7&8 (Travelling back) Step L back, Touch R heel fwd, Step R back, Touch L heel fwd

& BACK ROCK, SAMBA STEP, CROSS, POINT, SAMBA STEP

&1,2, Step L beside R, Rock back on R, Rock fwd on L

3&4,5,6 Cross R over L, Step L to L side, Step R in place, Cross step L over R, Point R to R side

7&8 Cross R over L, Step L to L side, Step R in place

ROCK FWD/BACK, 1/2 TURN SHUFFLE, PIVOT 1/2, 1/4 TURN, SIDE, TOUCH

1,2,3&4 Rock fwd on L, Rock back on R, ½ Turn L shuffle fwd L, R, L (12.00)

5,6,7,8 Step R fwd, Pivot ½ turn L weight on L, ¼ Turn L step R to R side, Touch L beside (3.00)

One RESTART: * DURING the 3rd wall after 16 counts, restart facing (9.00)

8 Count BRIDGE: ** During 6th wall after 32 counts facing (3.00) add

1,2,3&4 Cross/Rock L over R, Rock back on R, Shuffle side L, R, L

5,6,7&8 Cross/Rock R over L, Rock back on L, Shuffle side R, L, R, continue dance E-mail:
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