

Get Trashed ()

Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Robbie McGowan Hickie (Sept 08)

Music: Let's Get Trashed by Mica Roberts & Toby Keith (CD: Beer For My Horses [160bpm])

32 Count

Intro 32

Right Step Forward. Tap Behind. Step

Back. Kick. Full Turn Right. Hitch. , , , , , ,

1 - 2

Step forward on Right. Tap Left toe behind Right heel - bending

knees. ,

3 - 4

Step back on Left. Kick Right forward.

,

5 - 8

Full turn Right (on the spot) stepping Right. Left. Right. Hitch Left

knee up and Slightly across Right.

- , , ,

Cross. Diagonal Steps Back (Right

& Left). Cross. Back. Together. Step Forward. Scoot with Hitch.

, (&), , , , ,

1 - 2

Cross step Left over Right. Step Right Diagonally back Right.

□□□□□□□□ , □□□□□□□□

3 - 4

Step Left Diagonally back Left. Cross step Right over Left.

□□□□□□□□ , □□□□□□□□

5 - 6

Step back on Left (Straighten up to

hour="12" minute="0">12 o'clock

>). Step Right

beside Left. □□□□ (□□ 12□□), □□□□

7 - 8

Step forward on Left. Scoot forward on Left - Hitching Right knee

up. □□□□ , □□□□□□□□

Note: Body should be Facing Left

Diagonal on Counts 2 - 4 above.

□□ 2-4□□□□□□□□□□

□□□□

Right Side Rock. 5 Count Weave Left.

Heel Flick with 1/4 Turn Right.

□□□□ , 5□□□□ , □□□□ 1/4

1 - 2

Rock Right out to Right side. Recover weight on Left.

□□□□ , □□□

3 - 6

Cross step Right over Left. Step Left to Left side. Cross Right behind

Left. Step Left to Left side.

□□□□□□□□ , □□□□ , □□□□□□□□ , □□□□

7 - 8

Cross step Right over Left. On ball of Right, make 1/4 turn Right -

Flicking Left heel back. □□□□□□□□ , □□ 90□□□□□□

□□□

Left Lock Step Forward. Scuff. Step.

Pivot 1/2 Turn Left x 2.

□□□□ , □□ , □□□ 1/2□□

1 - 4

Step forward on Left. Lock step Right behind Left. Step forward on Left.

Scuff Right forward.

□□□□ , □□□□□□□□ , □□□□ , □□□□□□

5 - 6

Step forward on Right. Pivot 1/2 turn Left.

□□□□ , □□ 180□

7 - 8

Step forward on Right. Pivot 1/2 turn Left. (Facing

3 o'clock)

□□□□ , □□ 180□

mso-font-kerining:0pt">□□□

mso-font-kerining:0pt">

mso-font-kerining:0pt">Count Weave Left. Kick Out. Behind. Side. Left Cross

Shuffle.

mso-font-kerining:0pt">□□□

mso-font-kerining:0pt">, □ , □ , □ , □□□□

1 - 3

Cross step Right over Left. Step Left to Left side. Cross Right behind

Left. □□□□□□□□ , □□□□ , □□□□□□□□

4

Kick Left out to Left side. □□□□

5 - 6

Cross Left behind Right. Step Right to Right side.

□□□□□□□□ , □□□□

7&8

Cross step Left over Right. Small step Right to Right side. Cross step

Left over Right. □□□□□□□□ , □□□□ , □□□□□□□□

mso-font-kerining:0pt">□□□

mso-font-kerining:0pt">

>

>Monterey

>

> 1/2 Turn Right. Right Jazz Box with Cross.

mso-font-kerning:0pt">□□□□ 1/2,

mso-font-kerning:0pt">□□□□□□

1 - 2

Point Right toe out to Right side. Make 1/2 turn Right stepping Right

beside Left. □□□□ , □ 180□□□□

3 - 4

Point Left toe out to Left side. Step Left beside Right. (Facing 9 o'clock) □□□□ , □□□□ (□ 9□)

5 - 6

Cross step Right over Left. Step back on Left.

□□□□□□□□ , □□□□

7 - 8

Step Right to Right side. Cross step Left over Right.

□□□□ , □□□□□□□□

Note: Dance Counts 1 - 64 for Walls 1 & 2 only ... then from Wall 3 (& Until the End of the Music) a 4 Count Tag is needed After

Count 48 (Jazz Box Cross*) ... 4 Count Tag: Repeat the Jazz Box Cross ...**

Then continue with the remainder of the dance. □□□□□□□□□□ 4
□□□□□□□□

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Dwight Swivels Right. Kick. Toe Touch Behind. Kick.

Back Rock.

mso-font-kerning:0pt">□□□□ , □ , □□□□ , □ , □□□□

1

Swivel Left heel Right touching Right toe beside Left.

□□□□

2

Swivel Left toe Right touching Right heel diagonally forward Right.

□□□□

3 - 4

Swivel Left heel Right touching Right toe beside Left. Kick Right

Diagonally forward Right. □□□□ , □□□□□□

5 - 6

Touch Right toe behind Left heel. Kick Right Diagonally forward

Right. □□□□□□□□ , □□□□□□□□

7 - 8

Cross rock Right behind Left. Rock forward on Left.

□□□□□□□□□□ , □□□□

mso-font-kerning:0pt">□□□

mso-font-kerning:0pt">

mso-font-kerning:0pt">Chasse Right. Back Rock. 1/4 Turn Right. 1/2 Turn

Right. Step Forward. Scuff. □□□ , □□□ , □□ 1/4,

mso-font-kerning:0pt">□□

mso-font-kerning:0pt">1/2, □□ , □□

1&2

Step Right to Right side. Close Left beside Right. Step Right to Right

side. □□□□ , □□□□ , □□□□

3 - 4

Rock back on Left. Rock forward on Right. □□□□ , □□□□

5 - 6

Make 1/4 turn Right stepping back on Left. Make 1/2 Right stepping

forward on Right. □□ 90□□□□ , □□ 180□□□□

7 - 8

Step forward on Left. Scuff Right forward. (Facing

6 o'clock)

□□□□ , □□□□ (□□ 6□□)

Note: Dance Counts 1 - 64 for Walls 1 & 2 only ... then

from Wall 3 (& Until the End of the Music) a 4 Count Tag is needed After

Count 48 (Jazz Box Cross*) ... 4 Count Tag: Repeat the Jazz Box Cross ...**

Then continue with the remainder of the dance.

□□□□□□□□

64□□□

4□□□□□□□□