

# Cay Cha Cha

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**Count:** 32      **Wall:** 4      **Level:** Beginner/Intermediate


**Choreographer:** Rafel Corbi (July 08) ????

**Music:** Laid Back 'N Low (Cay) by Alan Jackson (CD: Good Time)



**Hip Bumps, Triple Hip**

**Bumps, Step, Together, Coaster Step**

 ,  , 

**1-2**

**Bump hips to left, bump hips to right**  , 

**3&4**

**Bump hips to left, bump hips to right, bump**


**hips to left**

 ,  , 

**5-6**




**Step right foot to right side, step left foot**

**together**

 , 

**7&8**

**Step right foot back, step left foot together, step**

**right forward**  ,  , 



**Step Forward, Pivot Turn, ¼ Turn Right Mambo Cross, Rock &**

## Recover, 1/2 Turn Right & Cha Cha

### Forward

Step 1: Right foot forward, left foot 1/4 step forward, right foot 1/2 step forward

### 1-2

Step left foot forward, pivot 1/2 turn right (weight on right) [6:00] (Right foot forward, left foot 1/4 step forward, right foot 1/2 step forward) (Right foot forward, left foot 1/4 step forward, right foot 1/2 step forward)

### 3&4

Doing a 1/4 turn right, rock left foot to left side, recover to right, cross-step left foot across right

Step 3: Right foot 90 degrees, left foot 1/4 step forward, right foot 1/2 step forward

### 5-6

Rock right foot forward, recover on left and do a 1/2 turn to right

Step 5: Right foot forward, left foot 1/4 step forward, right foot 1/2 step forward

### 7&8

Step right forward, bring left next to right, step right forward

Step 7: Right foot forward, left foot 1/4 step forward, right foot 1/2 step forward

Step 8: Right foot forward, left foot 1/4 step forward, right foot 1/2 step forward

## Full Turn Forward, Cha Cha

Forward, Rock & Recover With 1/2 Turn Right, Cha Cha Forward

Step 1: Right foot forward, left foot 1/4 step forward, right foot 1/2 step forward

### 1-2

Do a full turn forward to right stepping left, right

□□□□ -□ , □

**3&4**

**Step left forward, bring right next to left, step left**

**forward**

□□□□ , □□□□ , □□□□

**5-6**

**Rock right foot forward, recover on left and do a ½ turn to right**

□□□□ , □□□□□□ 180□

**7&8**

**Step right forward, bring left next to right, step**

**right forward**

□□□□ , □□□□ , □□□□

□□□

**Step Forward, Pivot Turn,**

**Cha Cha Forward, 4 Steps Forward**

□□□ , □□□ , 4□□□

**1-2**

**Step left foot forward, pivot ½ turn right (weight on right)**

□□□□ , □□ 180□ (□□□□□□ )

**3&4**

**Step left forward, bring right next to left, step left**

**forward**

□□□□ , □□□□ , □□□□

**5-6**

**Step forward with right, step forward with left**

□□□□ , □□□□

**7-8**

**Step forward with right, step forward with left**

□□□□ , □□□□

**These four steps must be**

**done with cha cha latin attitude, moving hips.**

□ **4**□□□□□□□□□□