

FOREVER AND A DAY

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Count: 56 **Wall:** 2 **Level:** Intermediate level

Choreographer: William Sevone (Sept 07)

Music: I Will Always Love You by Dolly Parton (Greatest Hits) 68 bpm

Choreographers note:- The full turn sweeps may present a problem for some dancers - see foot of script. I have used the original RCA recording ? to me, there IS a big difference. Dances to songs such as this, use of arms and hands can add to the serenity of a particular movement Always remember- 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance start's on the word ?I? as in ?If I should stay...? feet together, weight on left.

SIDE HIP SWAYS. BEHIND. 1/4 RIGHT FWD. CROSS. 2 X BWD (3:00)

- 1-4** Stepping right to right: hip sway to right. Hip sway to left. Hip sway to right. Step left behind right.
- 5-6** Turn 1/4 right & step forward onto right. Cross left over right.
- 7-8** Step backward onto right. Step backward onto left.

1/2 RIGHT FWD. FWD. CROSS. 2X BWD. 3/4 LEFT. 3X DIAGONAL HIP SWAY (12:00)

- 9-10** Turn right ½ right & step forward onto right (9). Step forward onto left.
- 11-12** Cross right over left. Step backward onto left.
- 13-14** Step backward onto right. Turn ¾ left & step left diagonal left: with hip sway (left arm sweep to left)
- 15** Step right diagonal right: with hip sway (right arm sweep to right)
- 16** Step left diagonal left: with hip sway (left arm sweep to left)

Dance note: Diagonal step movements are short and similar to a shallow lunge

2X DIAGONAL HIP SWAY. 2X SIDE HIP SWAY. RECOVER. 1/2 LEFT. 3X DIAGONAL HIP SWAY (6:00)

- 17** Step right diagonal right: with hip sway (right arm sweep to right)
- 18** Step left diagonal left: with hip sway (left arm sweep to left)
- 19-20** Stepping right to right: Hip sway to right. Hip sway to left.

- 21-22 Recover weight to right. Turn ½ left & step left diagonal left: with hip sway (left arm sweep to left)
- 23 Step right diagonal right: with hip sway (right arm sweep to right)
- 24 Step left diagonal left: with hip sway (left arm sweep to left)

Dance note: Diagonal step movements are short and similar to a shallow lunge

BRIDAL WEDDING MARCH (6:00)

25-30 Walk forward: Right. Left. Right. Left. Right. Left.

31-32 Walk backward: Right. Left.

Style note: Scene - a Bride walking along the aisle - with slight ?fall & rise? action within each count

1/2 RIGHT FWD. FWD. 2X FWD FULL TURN-FWD. ROCK. RECOVER (12:00)

33-34 Turn ½ right & step forward onto right. Step forward onto left.

35-36 Forward full right & step forward onto right. Step forward onto left.

37-38 Forward full right & step forward onto right. Step forward onto left.

39-40 Rock forward onto right. Rock onto left.

2X 1/2 RIGHT SIDE. FULL TURN SWEEP. SIDE. CROSS. SIDE. 2X HIP SWAY (12:00)

41-42 Turn ½ right & step right to right (6). Turn ½ right & step left to left (12).

43-44 bending knees slightly - Sweep FULL turn right. Step right to right.

45-46 Cross left over right. Step right to right.

47-48 Stepping left to left: sway hips to left. Sway hips to left.

2X 1/2 LEFT SIDE. FULL TURN SWEEP. SIDE. CROSS. SIDE. 2X HIP SWAY. 1/2 RIGHT (6:00)

49-50 Turn ½ left & step left to left (6). Turn ½ left & step right to right (12).

51-52 bending knees slightly - Sweep FULL turn left. Step left to left.

53-54 Cross right over left. Step left to left.

55-56 Stepping right to right: sway hips to right. (weight onto left) Sway hips to left.

& Turn ½ right (right foot ready to step to side ? Count 1)

Note: Full turn sweeps: If dancers find it difficult to perform in one continuous movement then, half way around touch (sweep) foot to floor for balance, then quickly ?push off? to continue move. DANCE FINISH: Count 56 (do NOT include ?&? turn) of the 3rd wall ? continue hip sways to end of music

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=65542