

Adela Hey Ho

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Rafel Corbi (March 2017)

Music: Dave Sheriff & The Britpickers - "Hey Ho Here We Go" (2017)

***TAG at the end of wall 7 (looking 3:00)**

#16 counts intro

**ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, SHUFFLE 1/4
TURN LEFT**

- 1-2** Rock Forward with Right, recover onto Left
- 3&4** Step back with Right, Left beside Right, step Right forward
- 5&6** Rock forward with Left, recover back onto Right
- 7&8** Turn 1/4 left and step Left to side, Right beside Left, step Left to side 9:00

CROSS, SIDE, SAILOR STEP, CROSS, BEHIND, SIDE, CROSS

- 9-10** Cross Right over Left, step Left to side
- 11&12** Step Right behind Left, step Left in place, step Right to right side
- 13-14** Cross Left over Right, step Right to side
- 15&16** Step Left behind Right, step Right to right side, cross Left over Right

**RIGHT HEEL GRIND TURN RIGHT, COASTER STEP, LEFT HEEL GRIND TURN LEFT,
COASTER STEP**

- 17-18** Step with Right heel forward, turn 1/4 right and step Left back 12:00
- 19&20** Step back with Right, Left beside Right, step Right forward
- 21-22** Step forward with Left heel, turn 1/4 left and step Right back 9:00
- 23&24** Step back with Left, step Right beside Left, step forward with Left

SYNCOPATED ROCKS SIDE AND FORWARD, STEP FORWARD, SCUFF

- 25-26** Rock Right to side, return weight to Left
- &27-28** Step Right beside Left, rock Left to left side, return weight to Right
- &29-30** Step Left beside Right, rock Right forward, return weight back to Left
- &31-32** Step Right beside Left, step Left forward, scuff Right forward and beside Left

Start again

***TAG: After 7th wall, looking 3:00**

- 1-2** Stomp Right to side, hold
- 3-4** Stomp Left to side, hold
- 5-6** Clap hands twice and start again

End: Wall 9. Change the last 2 counts &31-32 turning 1/4 right

31 1/4 turn right and stomp Right to right side 12:00

- 32** Stomp Left beside Right