

In This Life

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Count: 30 **Wall:** 4 **Level:** High Intermediate

Choreographer: Sandy Kerrigan (Sydney) Australia - March 2018

Music: We're All Alone Boz Scaggs/ The Essential Boz Scaggs / iTunes

Dance Info: Dance starts wt on L - Start on lyrics - BPM [127] Track Length 4:00

Rock Fwd R, ¼ R Side, Cross, ¼, ¼, Cross Hitching L, Cross, Side, Behind, ¼ Fwd, ½ Back, Rock Back 6:00

- 1 2 & 3** Rock Fwd R, Replace to L, Turning ¼ R-Step R to R, Cross L over R
- 4 & 5** Turning L-1/4 Step Back on R, ¼ Step L to L Side, ** Wall 7 Cross R over L/Hitching L
- 6 & 7** Cross over R, Step R to R Side, Cross/Step L Behind R
- 8 & 1** Turning R-1/4 R-Step Fwd R 12:00, ½ R-Step Back on L, Rock Back on R

Rock Fwd L, 1/4 L Step Side, Cross/Behind, Cross, Side, 1/8th R-Step Back R, L Coaster Step, Full Turn L, Step Hitch on Diagonal (Facing Back L45°)

- 2 & 3** Rock Fwd L, Turning ¼ L-Step R to R, Cross/Step L Back Behind R
- 4 & 5** Cross R over L, Step L to L Side, Turning 1/8th R to face back R45°-Step Back R
- 6 & 7** Step Back on L, Step R next to L, Step Fwd L
- 8 & 1** Turning Fwd L-1/2 L-Step Back on R, ½ L-Step Fwd on L, Step Fwd R-Hitch L

Step Back Drag, Step Back Drag, L Mambo Step, 1/8th L-Step Side R, Run Back L, R, L, ¼ R-Side Rock, Step Drag, Behind, ¼ L Fwd, Fwd Drag, Back Sweep, Behind, ¼, Pivot ¾ L 3:00

- 2 3** Step Back L-Dragging R, Step Back R-Dragging L
- 4 & 5** Rock Back on L, Replace Fwd to R, Step Fwd L
- 6 & 7** Turning 1/8th L to 3:00-Step R to R Side, Run Back L, Run Back R
- 8 & 1** Run Back L, Turn ¼ R to 6:00-Rock R to R Side, Push L to L Side-Drag R to L

Ending here facing 12:00

Behind, ¼ Fwd, Step Fwd with Hitch, Step Back Sweep, Behind, Step ¼ Fwd, Fwd ¾ Pivot Turn 3:00

- 2 & 3** Cross/Step R Behind L, Turning ¼ L-Step Fwd L, Step Fwd R-Hitching L

4 5 Step Back L-Sweeping R to Side, Cross R Behind L (5)

& 6 & Turning $\frac{1}{4}$ L-Step Fwd L 12:00, Step Fwd R, Pivot $\frac{3}{4}$ L to 3:00 wt on L (small steps)

[30]

Note: End of Wall 5

[4&] count Tag- Restart facing 3:00 Wall

1 & 2 & Right Syncopated Rock Chair (fwd and Back)

3 & 4 & 2 X $\frac{1}{2}$ Pivot Turns L-wt on L-Restart facing 3:00

Wall 7 - Starts at 6:00-Restart at 3:00 after count 4 &**

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