

# No Smoke

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**Count:** 48

**Wall:** 1

**Level:** Intermediate

**Choreographer:** K. Sholes (Nov 2013)

**Music:** No Smoke by Michelle Lawson

**Seq: AA,B, AA,B, AA,B, A,Tag, AA,B, AA**

**PART A - 16 counts**

**Rock, Recover, Cha-chas, Step-drags, Step-pivot1/2-Cha-Cha**

**1 2 3&4** Rock back L, Recover R, Step L, Step R next to L, Step L.

**5 6 7&8** Rock back R, Recover L, Step R, Step L next to R, Step R.

**1 2 3 4** Step forward L, Drag R next to L, Step forward R, Drag L next to R.

**5 6 7&8** Step forward L, Pivot 1/2 to right (keeping weight on L) Step R, Step L together, Step R.

**\*Repeat Part A**

**\*\*RESTART**

**PART B - 32 counts**

**Point, Pause, Cross, Pauses. Touch, Hip-bumps**

**1 2 3 4** Point L to side, Pause, Cross L over R, Pause.

**5 6 7 8** Point R to side, Pause, Cross R over L, Pause.

**1-4 5-8** Point L to Side, Pause, Cross L over R, Touch R next to L, Bump R hip 4 counts.

**Rock-Recovers, Cross Cha-chas, Heel, Toe, Heel-jack, Step, Hip-bumps**

**1 2 3&4** Rock R to side, Recover L, Cross R over L, Step L to side, Cross R over L.

**5 6 7&8** Rock L to side, Recover R, Cross L over R, Step R to side, Cross L over R.

**1 2 3&4** Tap R heel forward, Touch R toe next to L, Step on R, Tap L heel forward, Step on L & touch R toe next to L.

**5 6 7 8** Step on R, Bump L hip 3 counts.

**TAG on 6th rotation dance part A once to turn to back of room (facing 6:00) then...**

**\* [1-8] Touch forward L pushing L hip forward, Pause, Step on L, Pause, Touch forward R pushing R hip forward, Pause, Step on R, Pause**

**[1-8] Walk L forward, Pause, Walk R forward, Pause, Rock back L, Pause, Recover R, Pause.**

**[1-8] Repeat above \* 8 count**

**[1-8] Walk L forward, Pause, Walk R forward, Pause, Step Forward L, Pause, Pivot 1/2 to right.**

**Begin Again! Enjoy!**

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