

Inside Out

LINEDANCE.COM

Count: 32

Wall: 4

Level: Newcomer

Choreographer: Roy Hadisubroto (Dec 2013)

Music: Inside Out by Love and Theft

SAILOR STEP 2x, TOUCH, CROSS, TOUCH, CROSS,

- 1 & 2** Cross Rf behind Lf, Step Lf to L side, Step Rf to R side
- 3 & 4** Cross Lf behind Rf, Step Rf to R side, Step Lf to L side
- 5 - 6** Touch Rf to R side, Cross Rf over Lf
- 7 - 8** Touch Lf to L side, Cross Lf over Rf

ROCKSTEP, SHUFFLE ½ TURN, ROCKSTEP, SHUFFLE ½ TURN

- 1 - 2** Rock Rf forward, Recover back on Lf
- 3 & 4** Make a ¼ turn R and step Rf to R side, Close Lf next to Rf, Make a ¼ turn R step Lf forward
- 5 - 6** Rock L forward, Recover back on R
- 7 & 8** Make a ¼ turn L and step Lf to L side, Close Rf next to Lf, Make a ¼ turn L and step Rf forward

CHASSE, ROCKSTEP, CHASSE, CROSS, STEP ¼ TURN

- 1 & 2** Step Rf to R side, Close Lf next to Rf, Step Rf to R side
- 3 - 4** Rock Lf diagonally forward to the R, Recover back on R
- 5 & 6** Step Lf to L side, Close Rf next to Lf, Step Lf to L side
- 7 - 8** Cross Rf over Lf, Make a ¼ turn to the L on Lf and step R forward

SYNCOATED TOUCHES, KICK BALL STEP 2x

- 1 &** Touch Rf to R side, Close Rf next to Lf
- 2 &** Touch Lf to L side, Close Lf next to Rf
- 3 &** Touch Rf forward, Close Rf next to Lf
- 4** Step Lf forward
- 5 & 6** Kick Rf forward, Close Rf next to Lf, Step Lf forward
- 7 & 8** Kick Rf forward, Close Rf next to Lf, Step Lf forward

Restart: after the 4th wall (when facing the first wall again) start again after 16 counts.

START AGAIN HAVE FUN.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=e-out-ID96017