

# Alla Flickor

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Ross Brown (UK)

**Music:** Alla Flickor by Linda Bengtzing, CD; Ingenting Att Förlora (140 BPM)

## **Intro: 8 Counts (Approx. 5 Secs)**

### **POINT; FORWARD, SIDE. COASTER STEP. SHUFFLE FORWARD. STEP, PIVOT ½ TURN.**

- 1-2** Point right toe forward, point right toe to the right.
- 3&4** Step back with right, step left next to right, step forward with right.
- 5&6** Step forward with left, close right up to left, step forward with left.
- 7-8** Step forward with right, pivot a ½ turn left. (6 o'clock)

### **POINT; FORWARD, SIDE. COASTER STEP. SHUFFLE FORWARD. ROCK FORWARD, RECOVER.**

- 1-2** Point right toe forward, point right toe to the right.
- 3&4** Step back with right, step left next to right, step forward with right.
- 5&6** Step forward with left, close right up to left, step forward with left.
- 7-8** Rock forward with right, recover onto left.

### **SHUFFLE ½ TURN. TOUCH FORWARD, FLICK ¼ TURN, CROSS. SIDE POINT, FLICK, CROSS.**

- 1&2** Shuffle a ½ turn right stepping; right, left, right. (12 o'clock)
- 3-4-5** Touch left toe forward, make a ¼ turn right flicking left foot to left, cross step left over right. (3 o'clock)
- 6-7-8** Point right to the right, flick right foot to the right, cross step right over left.

### **SIDE ROCK, RECOVER ¼ TURN. SHUFFLE FORWARD. STEP, PIVOT ½ TURN, FULL TURN OVER TWO STEPS.**

- 1-2** Rock left to the left, make a ¼ turn right recovering onto right. (6 o'clock)
- 3&4** Step forward with left, close right up to left, step forward with left.
- 5-6** Step forward with right, pivot a ½ turn left. (12 o'clock)
- 7-8** Make a full turn left stepping; back with right, forward with left. (12 o'clock)

**Alternative You can WALK FORWARD; RIGHT, LEFT on Counts 7-8.**

**SIDE WITH ARMS, SWIVEL WITH SLAP. SWIVEL WITH ARMS, SWIVEL WITH SLAP, SWIVEL, SWIVEL. SAILOR STEP.**

- 1-2** Step right to the right raising arms up in a V shape with palms upwards, swivel heels to the right slapping thighs with both hands.
- 3-4** Swivel heels to the left raising arms up again, swivel heels to the right slapping thighs.
- 5-6** Swivel heels to the left, swivel heels to the right. (Weight ends on Right)
- 7&8** Cross step left behind right, step right to the right, step right to the right.

**Restart: On wall 3, you restart the dance at this point. (Facing 12 o'clock)**

**CROSS, SIDE POINT. TOGETHER, SIDE POINT, CROSS. 2x KICK BALL CROSS.**

- 1-2** Cross step right over left, point left to the left.
- &3-4** Step left next to right, point right to the right, cross step right over left.
- 5&6** Kick left foot to left forward diagonal, step left next to right, cross step right over left.
- 7&8** Kick left foot to left forward diagonal, step left next to right, cross step right over left.

**SIDE ROCK, RECOVER. BEHIND, STEP ¼ TURN. STEP, LOCK, STEP. STEP, PIVOT ¼ TURN.**

- 1-2** Rock left to the left, recover onto right.
- 3-4** Cross step left behind right, make a ¼ turn right stepping forward with right. (3 o'clock)
- 5&6** Step forward with left, lock right behind left, step forward with left.
- 7-8** Step forward with right, pivot a ¼ turn left. (12 o'clock)

**DOROTHY STEP ¼ TURN. TAP HEEL, HOLD. TOGETHER. (x2)**

- 1-2&** Step forward with right, lock left behind right, make a ¼ turn left stepping right next to left. (9 o'clock)
- 3-4&** Tap left heel forward, hold for 1 count, step left next to right.
- 5-8&** Repeat 1-2& and 3-4& of this Section. (6 o'clock)

**End of Dance. Start again and Enjoy!**