

# AB Five

LINEDANCE.COM

**Count:** 32      **Wall:** 2      **Level:** Absolute Beginner

**Choreographer:** Norman Gifford - Sept 2016

**Music:** Any good 4 Beat straight rhythm music

## (Mambo steps forward-back with pauses)

**1-4**      Right rock forward; left replace; right together; pause

**5-8**      Left rock back; right replace; left together; pause

## (Side mambo steps with pauses)

**1-4**      Right rock side; left replace; right together; pause

**5-8**      Left rock side; right replace; left together; pause

## (Charleston step)

**1-4**      Right step forward; left kick; left replace; right touch back

**5-8**      Right step forward; left kick; left replace; right touch back

## (Mambo ¼ turn right, pause, run- run- run turning ¼ right, pause)

**1-4**      Right rock forward; left replace; right step side turning ¼ right; pause [3:00]

**5-8**      Running steps turning ¼ right (LRL); pause [6:00]

## BEGIN AGAIN

**Contact:** [nlgifford@yahoo.com](mailto:nlgifford@yahoo.com)