

My DNA!

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Guyton Mundy

Music: Can't be Tamed By Miley Cyrus

16 count intro.

(1-8) walk back X2, ball cross with 1/4, 1/4 turn, back, 1/2 turn weave, step

1-2 walk back left, walk back right. (On count 1 of the new wall you will be coming out of a 3/4 turn stepping back on your left)

&3 step back on left, cross right over left while making a 1/4 turn to right

4-5 make a 1/4 turn to right stepping back on left, take big step back on right while dragging left in

6&7 step left behind right while making a 1/4 turn to right, step right to right, make a 1/4 turn to right stepping forward on left

8 step forward on right

(9-16) cross, back, side, cross, back forward out with 1/2, 1/4, 1/4, diagonal cross & cross

1-2&3 cross left over right, step back and slightly right on right, step left to left, cross right over left

4&5 step back on left, make a 1/2 turn to right stepping forward on right, make a 1/4 turn to right stepping left out to left

6 make a 1/4 turn to right stepping right to right

7&8 cross left over right, step right to right, cross left over right (this is on the diagonal forward to the right)

(17-25) ball step, cross, diagonal triple, pushes, triple back|

&1-2 step on ball of right foot to right, step left in place, cross right over left

3&4 shuffle diagonally forward to the left, Left, right, left

5-6-7 push back on ball of right foot rolling down to flat foot, push forward on ball of left foot rolling to flat foot, push back on ball of right foot rolling down to flat foot

8&1 shuffle diagonally back to the right, left, right, left

(26-32) 1/2, 1/2, sailor with 1/8 turn, side push X2, 3/4 triple

2-3 make a 1/2 turn over right stepping forward on right, make a 1/2 turn over right stepping back on left

4&5 step right behind left, step together with left, step right to right side, While making an 1/8th of a turn to the right. (you should be at the wall you started the dance on)

6-7 push out on left foot, push out on right foot

8&(1) step left next to right, while making a 1/4 turn to left, step right next to left making a 1/4 turn to left. (Count 1 is the beginning of the dance, you will make another 1/4 turn to the left stepping back on left and that's the start of the new wall.)

Restart: there is one restart in the dance, on the 7th wall you will do the first 2 8 counts of the dance you will start the 3rd set of 8 with the Ball step, but instead of stepping left in place, step back on left and that's the start of the dance again, and it will be back on the same wall you just st