

MAMMA MIA

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Count: 64

Wall: 2

Level: intermediate

Choreographer: Jan Wyllie

Music: Mamma Mia by ABBA

- 1&2** Step forward on left, making $\frac{1}{4}$ turn left step right beside left, step left beside right
- 3&4** Step back on right, making $\frac{1}{4}$ turn left step left beside right, step right beside left
- 5&6** Step forward on left, making $\frac{1}{4}$ turn left step right beside left, step left beside right
- 7&8** Step back on right, making $\frac{1}{4}$ turn left step left beside right, step right beside left

The above 8 steps take you around in a square to end up exactly where you started from

- 9-10** Rock/step forward on left, rock back on right
- 11&12** Step back on left, step right beside left, step forward on left (coaster)
- 13-14** Rock/step forward on right, rock back on left
- 15&16** Step back on right, step left beside right, step forward on right (coaster)
- 17-18** Rock/step forward on left, rock back on right
- 19&20** Step back on left, lock right in front of left, step back on left
- 21-22-23-24** Rock/step back on right, rock forward on left, rock/step forward on right, rock back on left
- 25&26** Step back on right, lock left in front of right, step back on right
- 27-28-29&30** Rock/step back on left, rock forward on right, shuffle forward left, right, left
- 31-32** Rock/step forward on right, rock back on left
- 33-34** Making a full turn right back over right shoulder step right, left
- 35&36** Making $\frac{1}{4}$ turn right triple step right, left, right
- 37-38** Rock/step forward on left, rock back on right

- 39-40** Touch left toe back, unwind $\frac{1}{4}$ turn left transferring weight to left
- 41-42-43-44** Step right over left, step left to left, step right behind left, step left to left
- 45-46-47&48** Cross/rock right over left, rock back on left, shuffle right right, left, right
- 49-50-51-52** Step left over right, step right to right, step left behind right, step right to right
- 53-54-55&56** Cross/rock left over right, rock back on right, making $\frac{1}{2}$ turn left triple step left, right, left
- 57-58&** Step forward on right, hook left behind right, step down on left
- 59&60** Touch right heel forward, step right beside left, touch left beside right
- 61-62-63-64** Rock/step forward on left, rock back on right, rock/step back on left, rock forward on right

REPEAT