

# I'M ROCK STEADY

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**Count:** 32

**Wall:** 2

**Level:** intermediate

**Choreographer:** Andrew Palmer , Simon J. & Sheila A. Cox

**Music:** All Saints by Rock Steady

## **STEP, PIVOT $\frac{1}{2}$ , PRESS, RECOVER-KICK, TOGETHER, CROSS-ROCK, RECOVER, STEP $\frac{1}{4}$**

- 1-2 Step forward on right, pivot  $\frac{1}{2}$  turn left (6:00)
- 3-4 Press forward on right, recover weight to left and kick right forward
- 5-6 Step right to side, cross-rock left over right
- 7-8 Recover weight to right,  $\frac{1}{4}$  turn left (3:00) step forward on left

**Restart here during wall 4: step left to side, no  $\frac{1}{4}$  turn (12:00) on count 8**

## **STEP, PIVOT $\frac{3}{4}$ , SIDE, TOUCH, FULL ROLL, TOUCH**

- 1-2 Step forward on right, pivot three  $\frac{1}{4}$  turn left
- 3-4 Step right to side (6:00), touch left beside right and click fingers
- 5-6 $\frac{1}{4}$  turn left (3:00) step forward on left,  $\frac{1}{2}$  turn left (9:00) step back on right**
- 7-8 $\frac{1}{4}$  turn left (6:00) step left to side, touch right beside left and click fingers**

**Easier option:**

- 7-8 Side left, together, side left, touch right and click

**Restart here during wall 8 (12:00)**

## **STEP, SLIDE, STEP, SLIDE, KNEE-ROLL $\frac{1}{4}$ , HITCH, STEP $\frac{1}{4}$ , POINT**

- 1-2 Step right to right diagonal, slide left beside right (and touch)
- 3-4 Step left to left diagonal, slide right beside left (and touch)
- 5-6 Roll right knee  $\frac{1}{4}$  turn right (9:00) weight right, hitch left
- 7-8 $\frac{1}{4}$  turn left (6:00) step left to side, point right to side**

## **TURN $\frac{1}{2}$ , POINT, HITCH-ACROSS, STEP, TURN $\frac{1}{4}$ , TURN $\frac{1}{4}$ , HIP BUMPS**

- 1-2 $\frac{1}{2}$  turn right (12:00) step right beside left, point left to side**
- 3-4 Hitch left above right, step left over right

**5-6<sup>1</sup>/<sub>4</sub> turn left (9:00) step back on right, <sup>1</sup>/<sub>4</sub> turn left (6:00) step left to side**

**7-8** Hip bumps right, left

**REPEAT**

**RESTART**

**Restart after count 8 on wall 4 and after count 16 on wall 8**

**TAG**

**Hold for 4 counts at the end of wall 10, then start wall 11**