

# LOST WITHOUT U

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**Count:** 48

**Wall:** 2

**Level:** intermediate

**Choreographer:** Adrian Lefebour

**Music:** Lost Without You by Delta Goodrem

## **SIDE (DRAG LEFT) BEHIND, SIDE CROSS SIDE, SIDE (DRAG RIGHT) BEHIND ¼, ROCK REPLACE**

- 1-2&** Step right to right side dragging left toe towards right, step left behind right, step right to right
- 3-4** Cross left over right, step right to right
- 5-6&** Step left to left side dragging right toe towards left, step right behind left, step left ¼ left
- 7-8** Rock right to right side, replace weight back on left

## **CROSS ROCK STEP, CROSS ROCK STEP, ½ PIVOT TURN STEP FORWARD, ¼ CROSS SHUFFLE**

- 1&2** Cross rock right over left, rock back onto left, step right to right side
- 3&4** Cross rock left over right, rock back onto right, step left to left side
- 5&6** Step right forward ½ pivot turn left, step right forward

### **7&8¼ cross shuffle to right stepping left-right-left**

## **ROCK REPLACE STEP ½ TURN, TURN LEFT-RIGHT-LEFT, STEP LOCK STEP, ½ PIVOT TURN STEP**

- 1&2** Rock right to right, replace weight back on to left, step right forward for ½ turn
- 3&4** Step left into ½ over right shoulder, step right into ½ turn, step left forward
- 5&6** Step right forward, lock left behind right, step right forward
- 7&8** Step left forward ½ pivot turn right, step left forward

## **STEP TOGETHER STEP TWICE, ROCK REPLACE ½ TURN, TURN LEFT-RIGHT-LEFT**

- 1&2&** Step right forward on 45 degree angle, step left next to right, step right slightly forward, touch left next to right
- 3&4&** Step left forward on 45 degree angle, step right next to left, step left slightly forward, touch right next to left
- 5&6** Rock forward on right, replace weight back on left, step right into a ½ turn

**7&8** Step left into ½ over right shoulder, step right into ½ turn, step left forward

**SWEEP RIGHT THEN LEFT, ½ PIVOT TURN STEP, SWEEP LEFT THEN RIGHT, ½ PIVOT TURN STEP**

**1-2** Sweep right step right down, sweep left step left down

**3&4** Step right forward ½ pivot turn left, step right forward

**5-6** Sweep left step left down, sweep right step right down

**7&8** Step left forward ½ pivot turn right, step left forward

**SIDE TOUCH KICK STEP, CROSS SIDE TOUCH KICK, STEP CROSS SIDE TOUCH, BIG STEP TO LEFT DRAG TOUCH (ANGLE WHEN DOING THE TOUCH KICKS)**

**1&2&** Step right to right, touch left next to right, kick left in 45 degree angle, step left down next to right

**3&4&** Cross right over left, step left to left, touch right next to left, kick right in 45 degree angle

**5&6&** Step right down next to left, cross left over right, step right to right side, touch left next to right

**7-8** Big step left - step left to left while dragging right, touch right next to left

**REPEAT**

**RESTART**

**On wall 5, restart dance after ¼ left cross shuffle (which is after the first 16 beats - you should be facing the front wall)**