

HIGH MAINTENANCE ONLY

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Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Moses Bourassa Jr. & Barbara Frechette

Music: High Maintenance Woman by Toby Keith

TOE- HEELS, MODIFIED SAILOR SHUFFLES

- 1-2 Step right toe to the right side, step down on right heel
- 3&4 Step left behind right, step right to right side, step left to left side
- 5-6 Cross right toe over left, step down on right heel
- 7&8 Step left to left side, step right behind left, cross left over right

SHUFFLES $\frac{1}{4}$ TURNING TO THE RIGHT, $\frac{1}{2}$ TURN TO THE RIGHT, $\frac{1}{4}$ TURN TO THE RIGHT, FORWARD STEP

- 1 Step right to right side making $\frac{1}{4}$ turn to the right
- &2 Step left quickly next to right, step forward on right
- 3-4 Step forward on left, step right making $\frac{1}{2}$ turn to the right
- 5&6 Step left making $\frac{1}{4}$ turn to the right, step quickly with right next to left, step left next to right
- 7-8 Step back on right making $\frac{1}{4}$ turn to the right, step forward on left

ROCK STEP, RECOVER STEP, SHUFFLE TURNING $\frac{1}{2}$ TO THE RIGHT, HIP SWAYS

- 1-2 Rock forward on right, recover on left
- 3&4 Step right making $\frac{1}{2}$ turn to the right, step quickly with left next to right, step forward on right
- 5-8 Sway hips left, right, left, right

ROCK STEP, RECOVER STEP, SHUFFLE TURNING $\frac{1}{2}$ TO THE LEFT, HIPS SWAYS

- 1-2 Rock forward on left, recover on right
- 3 Step forward on left making $\frac{1}{2}$ turn to the left
- &4 Step quickly with right next to left, step forward on left
- 5-8 Sway hips right, left, right, left

REPEAT

