

Blow Your Mind

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Count: 56

Wall: 4

Level: Intermediate

Choreographer: Dwight Meessen - Nov 2016

Music: Blow Your Mind (Mwah) by Dua Lipa (album: Blow Your Mind (Mwah)) 108 Bpm

Intro: 8 counts

S1: Side, Behind Side Cross, Side, $\frac{1}{4}$ L Side x2, Sailor $\frac{1}{4}$ L

1-2&3RF step side, LF cross behind, RF step side, LF cross over

4-6RF step side, LF $\frac{1}{4}$ left step side, RF $\frac{1}{4}$ left step side

7&8LF $\frac{1}{4}$ left cross behind, RF step beside, LF step side [9]

S2: Cross-Point x2, Sync. Jazz Box Cross $\frac{1}{4}$ R, $\frac{1}{8}$ R Hitch

1-4RF step across, LF point side, LF step across, RF point side

5-6&7RF cross over, LF $\frac{1}{4}$ right step back, RF step beside on ball foot, LF cross over

8RF $\frac{1}{8}$ right hitch [7.30]

S3: $\frac{1}{8}$ R Fwd, Fwd, Shuffle Fwd, Rock Fwd Recover, Ball Pivot $\frac{1}{2}$ L

1-2RF $\frac{1}{8}$ right step forward, LF step forward

3&4RF step forward, LF step beside, RF step forward

5-6LF rock forward, RF recover

&7-8LF step beside on ball foot, RF step forward, R+L $\frac{1}{2}$ turn left [3]

S4: Full Turn L, Shuffle Fwd, Rock Fwd Recover, Coaster Cross

1-2RF $\frac{1}{2}$ left step back, LF $\frac{1}{2}$ left step forward

3&4RF step forward, LF step beside, RF step forward

5-6LF rock forward, RF recover

7&8LF step back, RF together, LF cross over [3]

S5: Side, Touch, Kick Ball Cross, Side, ¼ R Side Rock Recover, Hitch Across

1-2RF step side, LF touch beside

3&4LF kick forward, LF step beside on ball foot, RF cross over

5LF step side

6-7RF ¼ right rock side, LF recover

8RF hitch across [6]

S6: Rolling Vine, Touch, Rolling Vine Into ¼ L Shuffle Fwd

1-4RF ¼ right step forward, LF ½ right step back, RF ¼ right step side, LF point side

5-6LF ¼ left step forward, RF ½ left step back

7&8LF ½ left step forward, RF step beside, LF step forward [3]

S7: Rock Fwd Recover, Coaster, Pivot ½ R, Fwd, Hitch

1-2RF rock forward, LF recover

3&4RF step back, LF together, RF step forward

5-6LF step forward, L+R ½ turn right

7-8LF step forward, RF hitch [9]

Start again

iTunes: Album: Now That's What I Call Music 95. No 36

Restart: Dance the 5th wall up to and including count 40 (count 8 of the 5th section) and start again