

Eat Sleep Love

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Karen Tripp (Feb 2015)

Music: Eat Sleep Love You Repeat - Rodney Atkins. Album: Eat Sleep Love You Repeat

Wait 16 counts

ROCK FORWARD (RIGHT), RECOVER, ¼ RIGHT SIDE SHUFFLE (3:00)

- 1-2 Rock forward right, recover to left
- 3&4 Turn ¼ right and shuffle to the side right, left, right (3:00)

¼ RIGHT AND SIDE ROCK (LEFT), RECOVER, FORWARD SHUFFLE (6:00)

- 5-6 Turn ¼ right and rock side on left, recover to right (6:00)
- 7&8 Shuffle forward left, right, left

(RIGHT) DIAGONAL VINE 2, (RIGHT) TRIPLE - REPEAT ALL WITH LEFT

- 9-10 Step right slightly diagonal forward, cross left behind
- 11&12 Triple in place right, left, right
- 13-14 Step left slightly diagonal forward, cross right behind
- 15&16 Triple in place left, right left

2 ROCKING CHAIRS

- 17-20 Rock forward right, recover to left, rock back on right, recover to left
- 21-24 Repeat steps 17-20

ROCK SIDE RIGHT, RECOVER, CROSSING SHUFFLE, - REPEAT ALL WITH LEFT

- 25-26 Rock right to side, recover to left
- 27&28 Cross right over left, step left, cross right over left
- 29-30 Rock left to side, recover to right
- 31&32 Cross left over right, step right, cross left over right

Ending: Facing 12:00 after 16 counts

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