

Count: 64

Wall: 4

Level: intermediate

Choreographer: Adrian Lefebour

Music: Linda Lou by The Tractors

WALK WALK, ROCK REPLACE, RIGHT SAILOR, LEFT SAILOR

1-2 Step right forward, step left forward

3-4 Rock right to right, replace weight back on left

5&6(Right sailor step) step right behind left, step left to left, step right in place

7&8(Left sailor step) step left behind right, step right to right, step left in place

ROCK BACK REPLACE, RIGHT SIDE SHUFFLE, ROCK BACK REPLACE, LEFT SIDE SHUFFLE

1-2 Rock back on right, replace weight on left

3&4 Side shuffle to right - step right to right, step left next to right, step right to right

5-6 Rock back on left, replace weight on right

7&8 Side shuffle to left - step left to left, step right next to left, step left to left

UNWIND ½, KICK BALL STEP, DOROTHY LEFT, DOROTHY RIGHT

1-2 Touch right behind left, unwind ½ over left (weight on right facing 6:00 wall)

3&4 Left kick ball step - kick left forward, step left ball of foot next to right, step right forward

5-6& Left Dorothy - step left forward, lock step right behind left, step left forward

7-8& Right Dorothy - step right forward, lock step left behind right, step right forward

½ PIVOT RIGHT, SHUFFLE FORWARD LEFT, FULL TURN, STOMP RIGHT, STOMP LEFT

1-2 Step left forward, ½ pivot turn right

3&4 Shuffle forward on left - left right left

5&6 Full turn over left - step right back for ½ turn, step left forward for ½ turn (12:00)

7-8 Stomp right to right, stomp left to left (weight is even)

ROCK BACK LIFT STEP STEP X 3, ROCK BACK LIFT STEP

1-2& Rock back on right while lifting left foot in the air, step left down, step right to right

3-4& Rock back on left while lifting right foot in the air, step right down, step left to left

5-6& Rock back on right while lifting left foot in the air, step left down, step right to right

7-8 Rock back on left while lifting right foot in the air, step right down

LEFT SIDE SHUFFLE, ¼ ROCK BACK REPLACE, SHUFFLE FORWARD RIGHT, CROSS, STEP SIDE

1&2 Side shuffle to left - step left to left, step right next to left, step left to left

3-4 Rock back on right, step left forward ¼ right (facing 3:00 wall)

5&6 Shuffle forward on right - right left right

7-8 Cross step left over right, step right to right

BEHIND SIDE HELL, STEP, CROSS, STEP SIDE, BEHIND SIDE HELL, STEP, ½ PIVOT RIGHT

1&2 Step left behind right, step right to right, step left heel in place

&3-4 Step left down, cross step right over left, step left to left

5&6 Step right behind left, step left to left, step right heel in place

&7-8 Step right down, step left forward, ½ pivot turn right (weight on right)

ROCK FORWARD REPLACE, ½ SHUFFLE LEFT, ½ PIVOT LEFT, FULL TURN

1-2 Rock forward on left, replace weight back on right

3&4½ shuffle over left - left right left

5-6 Step right forward, ½ pivot turn left

7-8 Full turn over left - step right back for ½ turn, step left forward for ½ turn (facing 9:00 wall)

REPEAT

RESTART

On wall 4 (3:00 wall), dance up to count 46 on sheet, then do the following:

7-6 Cross step left over right, touch right toe to right

Start dance again facing 6:00 wall