

# Got My Country On

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Yvonne Anderson , Scotland (Jan 2012)

**Music:** Got My Country On, by Chris Cagle. (bpm 160)

**Alternate track: for something faster with no restarts - Redneck Woman by Gretchen Wilson**

**Notes: Start on main vocal. The numbers in brackets [ ] indicate which wall you should be facing at the end of each movement. When using the recommended track there are 3 restarts during walls 2,4 and 5, Walls 2 and 5 dance counts 1-16 (wall 2 facing 6, wall 5 facing 12) start again, Wall 4 dance counts 1-24, (now facing 6) start again.**

## **[1-8] RUNNING LOCK STEPS R and L, HOLD**

- 1-4** Step R forward to right diagonal, Lock L behind right, Step R forward to right diagonal, Step L forward to left diagonal [10.30]
- 5-8** Lock R behind left, Step L forward to left diagonal, Step R to right squaring off to wall, Hold [12]

## **[9-16] KICK-BALL-HEEL, HOOK, STEP, TWIST, TWIST, HOLD**

- 1-6** kick L forward, Step L in place, Touch R heel forward, Hook R heel across left shin, Step R forward [12]
- 7-8** On balls of feet twist 1/4 left, On balls of feet twist 1/4 right weight ends on left, Hold [12]

**\*\*\*RESTART: walls 2 & 5 (wall 2 facing 6 o'clock, wall 5 facing 12 o'clock)**

## **[17-24] RIGHT COASTER STEP, HOLD, MAMBO 1/2 TURN LEFT, HOLD**

- 1-4** Step R back, Step L beside right, Step R forward, Hold [12]
- 5-8** Rock L forward, Recover weight on R, Make 1/2 turn left stepping L forward, Hold [6]

**\*\*\*RESTART: wall 4 (facing 6 o'clock) \*\*\***

## **[25-32] ROLLING 1 and 1/4 LEFT, HOLD, ROCK BACK, RECOVER, SIDE, 1/2 RIGHT**

- 1-4** Make 1/2 turn left stepping R back, Make 1/2 turn left stepping L forward, Make 1/4 turn left stepping R to side, Hold [3]

**5-8** Rock L back behind right, Recover weight on R, Step L to left, On ball of L make 1/2 turn right hitching right in front of left shin [9]

**[33-40] SIDE SHUFFLE, HOLD, LEFT CROSS ROCK, RECOVER, SIDE, HOLD**

**1-4** Step R to right, Step L beside right, Step R to right, Hold [9]

**5-8** Rock L across right, Recover weight on R, Step L to left, Hold [9]

**[41-48] RIGHT CROSS ROCK, RECOVER, SIDE, HOLD, STEP, 1/2 TURN RIGHT, STEP, HOLD**

**1-4** Rock R across left, Recover weight on L, Step R to right, Hold [9]

**5-8** Step L forward, Make 1/2 turn right taking weight on R, Step L forward, Hold [3]

**[49-56] HEEL LIFT 1/4 RIGHT, DROP, BEHIND, SIDE CROSS, HOLD, HEEL LIFT 1/4 LEFT, DROP**

**1-2** Lift both heels off floor, Make 1/4 turn right and drop heels to floor [6]

**3-6** Step R behind left, Step L to left, Step R across left, Hold [6]

**7-8** Lift both heel off floor, Make 1/4 turn left and drop heels to floor [3]

**[57-64] ROCK BACK, RECOVER, SIDE, HOLD, BEHIND, 1/4 LEFT, STEP 1/2 TURN LEFT**

**1-4** Rock L back behind right, Recover weight on R, Step L to left, Hold [3]

**5-8** Step R behind left, Make 1/4 turn left stepping L forward, Step R forward, Make 1/2 turn left taking weight on L [6]

**REPEAT**