

ONE WORD

LINEDANCE.COM

Count: 64

Wall: 2

Level: intermediate/advanced

Choreographer: Alan Birchall

Music: One Word (Album Version) by Kelly Osbourne

TOUCHES, ½ MONTEREY, CROSS, HEEL JACK, STEP, CROSS, HEEL SPLITS

- 1&2** Touch right toe to right, step right by left, touch left toe to left
- &3-4** Making ½ turn left step left by right, touch right to right (6:00)
- &5** Step down on right, cross left over right (you will have moved to right slightly)
- &6** Step right to right, extend left heel
- &7** Step left by right, cross right over left
- &8** Split both heels out, in

STEP, TOUCH, STEP, SCUFF HITCH, TURN, STEP, STEP, HIP BUMPS

- 9-10** Step back on right, touch left toe back
- 11-12** Step forward on left, scuff hitch right by left making ½ turn left (12:00)
- 13-14** Step back on right, step back on left
- 15-16** Bumps hip back twice (weight ends on left)

STEP, TOUCH'S X 3, FLICK TURN, SAILOR STEP, BEHIND, ¼ TURN, STEP

On steps &1-&3 you will be traveling backwards slightly

- &17** Step back on right, touch left toe forward, clicking fingers
- &18** Step back on left, touch right toe forward, clicking fingers
- &19** Step back on right, touch left toe forward, clicking fingers

Alternative: mash potatoes backwards or whatever your comfy with

- &20** Make ½ turn right flicking left heel back, step forward on left (6:00)
- 21&22** Cross right behind left, step left by right, step right to right
- 23&24** Cross left behind right, step right to right making ¼ turn right, step forward on left (9:00)

½ PIVOT, ¼ TURN, CROSS TOUCH, ¼ TURN, ½ TURN, STEP, ½ PIVOT, STEP

- 25-26½ pivot right, making ¼ turn right step left to left (6:00)**

27-28 Cross touch right behind left, step right to right making $\frac{1}{4}$ turn left (3:00)

29-30 Making $\frac{1}{2}$ turn left step forward on right (9:00)

31-32 $\frac{1}{2}$ pivot left, step forward on right (3:00)

SIDE SHUFFLE, ROCK, RECOVER TWICE

33&34 Step left to left, right by left, step left to left

35-36 Cross rock right behind left, recover on left

37&38 Step right to right, step left by right, step right to right

39-40 Cross rock left behind right, recover on right

Note: to finish facing the front wall dance replace count 39-42 with:

39-40 Cross left behind right unwind $\frac{3}{4}$ turn left (backwards) to face front wall

41-42 Walk forward right, left

STEP, HOLD, STEP, CROSS, STEP, SAILOR STEP, TOUCH, STEP

41-42 Step left to left, hold

&43-44 Step right by left, cross left over right, step right to right

45&46 Cross left behind right, step right by left, step left in place

47-48 Cross touch right behind left, step right to right

SAILOR STEP, TOUCH'S, $\frac{1}{2}$ TURN, SHUFFLE

49&50 Cross left behind right, step right by left, step left in place

51-52 Cross touch right behind left, touch right to right

53-54 Touch right over left, making $\frac{1}{2}$ turn right step forward on right (9:00)

55&56 Step forward on left, step right by left, step forward on left

CROSS, $\frac{1}{4}$ TURN, STEP, TOUCH, STEP, $\frac{1}{2}$ TURN, STEP TOUCH

57-58 Cross right over left, making $\frac{1}{4}$ turn right step back on left (12:00)

59-60 Step back on right, touch left toe back

61-62 Step forward on left, making $\frac{1}{2}$ turn left step back on right (6:00)

63-64 Step back on left, touch right toe back

REPEAT