

# Hurry Up, Slow Down

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Séverine Fillion (France, Feb 2013)

**Music:** "Hurry Up, Slow Down" by Don Derby

## **Intro : 32 counts**

### **[1-8] TOE STRUT FWD (RIGHT & LEFT), ROCKING CHAIR**

- 1-2            Right ball fwd, drop right heel
- 3-4            Left ball fwd, drop left heel
- 5-6            Rock step right fwd,, recover on left
- 7-8            Rock step right back, recover on left

### **[9-16] SIDE, CROSS KICK, SIDE, CROSS KICK, JAZZ BOX 1/4TURN**

- 1-2            Right step to the right, left kick diagonally right fwd
- 3-4            Left step to the left, right kick diagonally left fwd
- 5-6            Right cross over left, left step back

**7-8<sup>1/4</sup> turn right stepping right to right side, left step fwd \* Restart here on 3th wall**

### **[17-24] VINE, SCUFF, VINE, SCUFF**

- 1-3            Right step to the right, left cross behind right, right step to the right
- 4              Scuff left next to right
- 5-7            Left step to the left, right cross behind left, left step to the left

**Option for 5-7 : Rolling vine left :  $\frac{1}{4}$  turn left stepping left fwd,  $\frac{1}{2}$  turn left stepping right back,  $\frac{1}{4}$  turn left stepping left to left**

- 8              Scuff right next to left

### **[25-32] STOMP OUT, HOLD (RIGHT & LEFT), ROLLING HIPS**

- 1-2            Stomp right to right side, Hold
- 3-4            Stomp left to left side, Hold
- 5-8            Rolling your hips (opposite clockwise)

**Start again and enjoy !**

**Restart: On wall 3 after 16 counts at 9:00**

**Contact: [ccfillion@wanadoo.fr](mailto:ccfillion@wanadoo.fr)**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=91176](https://www.linedance.com/index.php?f=dance_view&id=91176)