

LADY

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Count: 32

Wall: —

Level: Phrased Intermediate

Choreographer: Rob Fowler (Mar 08)

Music: Lady by Kenny Rogers

Intro: 8 counts

SHORT WALL:

SIDE L, CROSS ROCK, ¼ TURN, ¾ PIVOT, SIDE L, COASTER, LOCK STEP, ½ TURN, TOUCH

- 1, 2&** Step left to left side, rock back on right, recover weight on left
- 3, 4&** Turn ¼ right stepping forward on right, step forward left, pivot ¾ turn right (weight on right)
- 5, 6&** Step left to left side, step back on right, step left next to right
- 7&8&1** Step right forward, lock left behind right, step forward on right, make a ½ turn right whilst hitching left, touch left out to left side

(6 o'clock)

CROSS ROCK, SIDE L, CROSS, ¼ TURN R x 2, CROSS ROCK, SIDE L, CROSS FULL

UNWIND (See Notes)

- 2&3** Rock left over right, recover weight on right, step left to left side
- 4&5** Cross right over left, make a ¼ turn right stepping back on left, make another ¼ turn right stepping right to right side
- 6&7** Rock left over right, recover weight on right, step left to left side,

8 (ish)

Note:

Cross right over left and unwind a full turn left (weight on right)

There is a break in the music, execute this turn throughout the break, approx 4 counts

(12 o'clock)

**SIDE L, BACK ROCK, SIDE R, CROSS, ¼ TURN L, SIDE L, BACK ROCK, SIDE R, CROSS,
¼ TURN L**

- 1, 2& Step left to left side, rock back on right, recover weight on left
- 3, 4& Step right to right side, cross left over right, make a $\frac{1}{4}$ turn left stepping back on right
- 5, 6& Step left to left side, rock back on right, recover weight on left
- 7, 8& Step right to right side, cross left over right, make a $\frac{1}{4}$ turn left stepping back on right

(6 o'clock)

LONG WALL: Add these 8 counts to the Short Wall

SIDE L, CROSS ROCK, SIDE R, CROSS ROCK, SIDE L, STEP R, PIVOT $\frac{1}{2}$ L, $\frac{1}{2}$ TURN L,

SWEEP, $\frac{1}{4}$ TURN R x 2

- 1, 2&3 Step left to left side, cross right over left, recover weight on left, step right to right side
- 4&5 Cross left over right, recover weight on right, step left to left side
- 6&7 Step forward on right, pivot $\frac{1}{2}$ turn left, make another $\frac{1}{2}$ turn left stepping back on right
- 8&1 Sweep left behind right stepping onto left, make a $\frac{1}{4}$ turn right stepping forward on right, make another $\frac{1}{4}$ turn right stepping left to left side (to start the dance again)

Note:

(12 o'clock)

In addition, when dancing the Long Wall, the full unwind at Count 16 in the Short Wall is completed in just one count

Tag: Side Step, Back Rock/Recover x 2

- 1, 2& Step left to left side, rock back on right, recover weight on left
- 3, 4& Step right to right side, rock back on left, recover weight on right

Sequence Short Wall; Short Wall; Long Wall; Tag; Short Wall; Short Wall; Long Wall; Tag;

Long Wall; Long Wall.