

# Jumpin' in the Morning

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**Count:** 96

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Rob Fowler – Jan 2016

**Music:** Jumpin' in the Morning by Jools Holland & Ruby Turner

**Intro: 48 (approx. 17 secs) BPM: 192 (approx.) No Tags Or Restarts**

**Sec 1: Kick R, Step R, Kick L, Step L, Scuff R, Hitch R, Step Back R, Hold**

- 1-2 Kick R fwd, step R next to L
- 3-4 Kick L fwd, step L next to R
- 5-6 Scuff R fwd, hitch R knee
- 7-8 Step back R, hold (12 o'clock)

**Sec 2: L Coaster Step, R Point Fwd, Hold, Step Back R, Hold**

- 9-10 Step back L, step R next to L
- 11-12 Step fwd L, hold
- 13-14 Point R toe fwd, hold
- 15-16 Step back R, hold

**Sec 3: L Coaster Step, Hold, Step 2 x ½ Turns L, Hold**

- 17-18 Step back L, step R next to L
- 19-20 Step fwd L, hold
- 21-22 Step fwd R, make ½ turn L
- 23-24 Make ½ turn L step back R, hold

**Sec 4: Back Clap x 2, L Coaster Step, Hold**

- 25-26 Step back L, touch R next to L and clap
- 27-28 Step back R, touch L next to R and clap
- 29-30 Step back L, step R next to L
- 31-32 Step fwd L, hold

**Sec 5: Step R, Lock L, Step R, Brush L, Step L, Lock R, Step L, Brush R**

- 33-34 Step fwd R to R diagonal, lock L behind R

- 35-36 Step fwd R to R diagonal, brush L
- 37-38 Step fwd L to L diagonal, lock R behind L
- 39-40 Step fwd L to L diagonal, brush R

### **Sec 6: Slow Jazz Box $\frac{1}{4}$ Turn R**

- 41-42 Cross R over L, hold
- 43-44 Step back L, hold
- 45-46 Make  $\frac{1}{4}$  turn R, hold
- 47-48 Step L next to R, hold (3 o'clock)

### **Sec 7: R Heel Grind, Rock Step, Kick R, Step R, Point L, Clap**

**49-50R heel grind slightly crossing over L (R toe pointing L, turning to R, weight back on L)**

- 51-52 Rock back diagonal R on R, recover on L
- 53-54 Kick R diagonally across L, step on R
- 55-56 Point L to L side, clap hands

### **Sec 8: L Heel Grind, Rock Step, Kick L, Step L, Point R, Clap**

**57-58L heel grind slightly crossing over R (L toe pointing R, turning to L, weight back on R)**

- 59-60 Rock back diagonal L on L, recover on R
- 61-62 Kick L diagonally cross R, step on L
- 63-64 Point R to R side, clap hands

### **Sec 9: Weave Behind, Side L, Cross R, Brush L, Side L, Touch R, Side R, Kick L**

- 65-66 Step R behind L, step L to L side
- 67-68 Cross R over L, brush L
- 69-70 Step L to L side, touch R next to L
- 71-72 Step R to R side, kick L to L

### **Sec 10: Weave Behind, Side R, Cross L, Brush R, Side R, Touch L, Side L, Kick R**

- 73-74 Step L behind R, step R to R side
- 75-76 Cross L over R, brush R
- 77-78 Step R to R side, touch L next to R
- 79-80 Step L to L side, kick R to R

### **Sec 11: Back R, Kick L, Back L, Kick R, R Coaster Step, Hold**

- 81-82** Step R behind L, kick L to L
- 83-84** Step L behind R, kick R to R
- 85-86** Step back R, step L next to R
- 87-88** Step fwd R, hold

### **Sec 12: Step L, ½ Turn R, Step L, Hold, Run R,L,R,L**

- 89-90** Step fwd L, make ½ turn R
- 91-92** Step fwd L, hold
- 93-96** Run fwd R,L,R,L (9 o'clock)

### **START OVER**