

ONE DANCE

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Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Sandy Kerrigan

Music: One Dance With You by LMS

BACK MAMBO ¼ LEFT, BACK MAMBO ½ RIGHT, ROCK BACK, REP, FORWARD, FORWARD RUN WITH ½ TURN LEFT

- 1&2-3** Rock back right, replace weight to left, turn ¼ left and step together right, rock back left (9:00)
- &4-5&6** Replace weight to right, turn ½ right and step back left, rock back right, replace left, step forward right (3:00)
- 7&8** Step forward left, turn ½ left and step back right, step back left (9:00)

7&8 forward tippee toe run through

BACK MAMBO, FORWARD RUN WITH ½ TURN LEFT, BACK ROCK, ¼ LEFT SIDE, BEHIND SIDE CROSS

- 1&2-3&4** Rock back right, replace weight left, step forward right, step forward left, turn ½ left and step back right, step back left (3:00)

3&4 forward tippee toe run through

- 5&6** Rock back right, replace weight left, turn ½ left and step right to right side (12:00)
- 7&8** Cross left behind right, step right to right, cross left over right (12:00)

½ RIGHT BOX, SIDE, CROSS, FORWARD LEFT 45, FORWARD 3/8 RIGHT SAMBA TURN, FORWARD LOCK SHUFFLE

- 1&2** Step right to right, step left together, step back right
- 3&4** Step left to left side, cross right over left slightly forward to face left diagonal, step forward left to left diagonal
- 5&6** Step forward right, touch ball of left forward, turn ¼ right and replace weight to right
- 7&8** Step forward left, lock right behind left, step forward left (3:00)

RIGHT HEEL, RECOVER, STEP BACK RIGHT, BACK, ½ RIGHT FORWARD, STEP FORWARD, RIGHT HEEL, REP STEP BACK, RIGHT, LEFT SIDE MAMBO STEP TOGETHER

- 1&2-3&4** Right heel forward, replace weight back to left, step back right, step back left, turn ½ right and step forward right, step forward left (9:00)
- 5&6-7&8** Right heel forward, replace weight back to left, step back right, rock left to left side, replace to right, step left together

REPEAT