

# Ping Pong (With My Heart)

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Ross Brown (UK) March 2013

**Music:** Ping Pong With My Heart (Radio Edit) by Paulini, CD: Ping Pong With My Heart (Single) [Length - 2:34 - 173 bpm]

## Intro: 16 Counts (Approx. 8 Secs)

### HIP BUMPS FORWARD. X2.

- 1 - 2 Touch right toes forward and bump hips forward, bump hips back.
- 3 - 4 Bump hips forward, hold for Count 4. [Weight ends on right foot]
- 5 - 6 Touch left toes forward and bump hips forward, bump hips back.
- 7 - 8 Bump hips forward, hold for Count 8. [Weight ends on left foot] (12 O'CLOCK)

### TOE FAN. X4.

- 1 - 2 Step forward with right, fan right toes to the right.
- 3 - 4 Step forward with left, fan left toes to the left.
- 5 - 6 Step forward with right, fan right toes to the right.
- 7 - 8 Step forward with left, fan left toes to the left. (12 O'CLOCK)

### ROCK FORWARD. BACK, SWEEP. X3.

- 1 - 2 Rock forward with right, recover onto left.
- 3 - 4 Step back with right, sweep left foot back.
- 5 - 6 Step back with left, sweep right foot back.
- 7 - 8 Step back with right, sweep left foot back. (12 O'CLOCK)

### BEHIND, SIDE, CROSS. HITCH ¼ TURN L. PRISSY WALK, HOLD. X2.

- 1 - 2 - 3 Cross step left behind right, step right to the right, cross step left over right.
- 4 Make a ¼ turn left hitching right knee up to left.
- 5 - 6 Walk forward and slightly across with right, hold for Count 6.
- 7 - 8 Walk forward and slightly across with left, hold for Count 8. (9 O'CLOCK)

### END OF DANCE!