

# Bang My Head

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**Count:** 64      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Nathan Gardiner (Scotland) April 2016

**Music:** Bang My Head by David Guetta feat. Sia & Fetty Wap

## Intro: 16 counts

### S1: Step Back, Drag, Ball Step, Step Forward, Cross Samba, Cross Samba

**1-2&** Step back on R, Drag L towards R, Step L next to R

**3-4** Step forward on R, Step forward on L

**5&6** Cross R over L, Rock out to L side, Recover on R

**7&8** Cross L over R, Rock out to R side, Recover on L

### S2: Mambo Step, Coaster Step, Step $\frac{1}{4}$ L, Cross Shuffle

**1&2** Rock forward on R, Recover on L, Step back on R

**3&4** Rock forward on L, Recover on R, Step back on L

**5-6** Step forward on R,  $\frac{1}{4}$  L

**7&8** Cross R over L, Step L to L side, Cross R over L

### S3: Side Mambo, Side Mambo, Side L, Together, Chasse $\frac{1}{4}$ L

**1&2** Rock out to L side, Recover on R, Step L next to R

**3&4** Rock out to R side, Recover on L, Step R next to L

**5-6** Step L to L side, Step R next to L

**7&8** Step L to L side, Step R next to L,  $\frac{1}{4}$  L stepping forward on L

### S4: Kick & Point, Kick Ball Touch, Reverse Rocking Chair

**1&2** Kick R forward, Step R next to L, Point L to L side

**3&4** Kick L forward, Step L next to R, Touch R next to L

**5-6** Rock back on R, Recover on L

**7-8** Rock forward on R, Recover on L

### S5: Back, Touch & Bump, Back, Touch & Bump, Back, Touch & Bump, & Touch, & Touch

**&1&2** Step back on R diagonal, Touch L next to R, Bump hips to L diagonal, Bump hips back to centre

- &3&4** Step back on L diagonal, Touch R next to L, Bump hips to R diagonal, Bump hips back to centre
- &5&6** Step back on R diagonal, Touch L next to R, Bump hips to L diagonal, Bump hips back to centre
- &7&8** Step L next to R, Touch R forward, Step R next to L, Touch L forward

### **S6: Ball Cross, Side L, Sailor Step, Cross, Side R, Behind, Side, Cross**

- &1-2** Step L next to R, Cross R over L, Step L to L side
- 3&4** Step R behind L, Step L to L side, Step R to R side
- 5-6** Cross L over R, Step R to R side
- 7&8** Step L behind R, Step R to R side, Cross L over R

### **S7: Side Rock, Recover, Behind, ¼ L, Step Forward, Rock Forward, Recover, ¼ L Chasse**

- 1-2** Rock out to R side, Recover on L
- 3&4** Step R behind L, ¼ L stepping forward on L, Step forward on R
- 5-6** Rock forward on L, Recover on R

### **7&8¼ L stepping L to L side, Step R next to L, Step L to L side**

### **S8: Sailor Step, Behind, Side, Cross, Rock Forward, Recover, ½ R, Step Forward**

- 1&2** Step R behind L, Step L to L side, Step R to R side
- 3&4** Step L behind R, Step R to R side, Cross L over R
- 5-6** Rock forward on R, Recover on L

### **7-8½ R stepping forward on R, Step forward on L**

**Restart: On wall 3 after 32 counts**

**Contact: [nathan.gardiner1998@hotmail.co.uk](mailto:nathan.gardiner1998@hotmail.co.uk)**