

Catch A Grenade

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Ria Vos (Jan 2011)

Music: "Grenade" by Bruno Mars

Intro: Very quick start on the word "Easy"

Side, Sailor $\frac{1}{4}$ L, Skate, Diagonal Shuffle Fwd, Cross, $\frac{1}{4}$ Turn R Step Back

- 1 Step R to Right Side
- 2&3 Cross L Behind R, $\frac{1}{4}$ Turn Left Step R Next to Left, Step L Fwd to Left Diagonal
- 4 Skate R Fwd to Right Diagonal
- 5&6 Shuffle Fwd to Left Diagonal Stepping L, R, L
- 7-8 Cross R over L, $\frac{1}{4}$ Turn Right Step Back on L

Rock Back, Recover, Full Turn L, $\frac{1}{4}$ Turn L Chasse, Rock Back, Recover

- 1-2 Rock Back on R, Recover on L
- 3-4 $\frac{1}{2}$ Turn Left Step Back on R, $\frac{1}{2}$ Turn Left Step Fwd on L**
- 5&6 $\frac{1}{4}$ Turn Left Step R to Right Side, Step L Next to R, step R to Right Side**
- 7-8 Rock Back on L, Recover on R

Side, Touch-Ball, Step, Pivot $\frac{1}{2}$ Turn R, $\frac{1}{4}$ Turn R Side, Touch-Ball-Heel, & Scuff

- 1 Step L to Left Side
- 2&3 Touch R Next to L, Step on Ball of R Next to L, step Fwd on L
- 4-5 Pivot $\frac{1}{2}$ Turn Right, $\frac{1}{4}$ Turn Right step L to Left Side
- 6&7 Touch R Next to L, Step on Ball of R Next to L, Touch L Heel Fwd
- &8 Step L Next to R, Scuff R Fwd

Rock Back, Recover, Ball-Step, Rock Fwd, Triple Full Turn R, Cross

- 1-2 Rock Back on R, Recover on L
- &3 Step on Ball of R Next to L, Step Fwd on L
- 4-5 Rock Fwd on R, Recover on L
- 6&7 Triple Full Turn on the Spot Stepping R, L, R (Option: R Coaster Step)

8 Cross L Over R

Side Rock, Recover ¼ Turn L, Dorothy Step R & L Cross Rock, Recover

- 1-2** Rock R to Right Side, Recover on L with ¼ Turn Left
- 3-4&** Step R Fwd to Right Diagonal, Lock L Behind R, Step R Slightly Fwd
- 5-6&** Step L Fwd to Left Diagonal, Lock R Behind L, Step L Slightly Fwd
- 7-8** Cross Rock R Over L, Recover on L***Restart Point wall 5

Side, Hold, & Point, ½ Turn R with Hook, Shuffle Fwd, Rock Fwd

- 1-2** Step R to Right Side, Hold
- &3-4** Step L Next to R, Point R to Right Side, ½ Turn Right on L with R Hook Across L
- 5&6** Shuffle Fwd stepping R, L, R
- 7-8** Rock Fwd on L, Recover on R

Touch Back, ½ Turn L, Pivot ¼ Turn L, & Side Rock with Flick, Chasse L

- 1-2** Touch L Back, ½ Turn Left Stepping weight on L
- 3-4** Step Fwd on R, Pivot ¼ Turn Left
- &5-6** Step R Next to L, Rock L to Left Side, Recover on R with L Flick Behind
- 7&8** Step L to Left Side, Step R Next to L, Step L to Left Side

Syncopated Jazz Box ¼ Turn R, Side Rock, Cross, Scissor Cross

- 1** Cross R Over L
- 2&3¼ Turn Right Stepping Back on L, Step R Next to L, Cross L Over R**
- 4-5** Rock R to Right Side, Recover on L
- 6** Cross R Over L
- 7&8** Step L to Left Side, Step R Next to L, Cross L Over R

Tag: 8 count tag after wall 2 (6:00)

Side Rock, Chasse (R&L)

- 1-2** Rock R to Right Side, Recover on L
- 3&4** Step R to Right Side, Step L Next to R, Step R to Right Side
- 5-6** Rock L to Left Side, Recover on R
- 7&8** Step L to Left side, Step R Next to L, Step L to Left Side

Restart: There is one restart on wall 5 after count 40 (3:00)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=81632