

Frenesi (Frenzy) (Cn)

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Amy Yang , Taiwan (December 2014)

Music: Frenesi (Frenzy) - Cliff Richard

Intro : 20 counts

No Tag, No Restart

Sec . 1 SIDE, TOGETHER, FORWARD, TOUCH, FULL ROLLING TURN, POINT

1 - 4 Step RF to R, Step LF together, Step RF forward, Touch LF together and hip bumps

5 - 8 1/4 turn L stepping forward on LF, 1/2 turn L stepping back on RF, 1/4 turn stepping Lf to L, Point RF to R

1 - 4 □□□□ , □□□□□□ , □□□□ , □□□□□□□□

5 - 8 □□ 1/4 □□□□ , □□ 1/2 □□□□ , □□ 1/4 □□□□ , □□□□

Sec . 2 SIDE, TOGETHER, SIDE CHASSE, CROSS, RECOVER, 1/4 TURN L SHUFFLE

1 - 2 Step RF to R, Step LF together

3 & 4 Step RF to R, Step LF together, Step RF to R

5 - 6 Cross LF over RF, Recover onto RF

7 & 8 1/4 turn L step forward on LF, Lock RF behind LF, Step LF forward (09:00)

1 - 2 □□□□ , □□□□□□

3 & 4 □□□□ , □□□□□□ , □□□□

5 - 6 □□□□□□ , □□□□

7 & 8 □□ 1/4 □□□□ , □□□□□□ , □□□□ (09:00)

Sec . 3 FORWARD, LOCK, FORWARD SHUFFLE, FORWARD, RECOVER, 1/2 TURN FORWARD SHUFFLE

1 - 2 Step RF forward, Lock LF behind RF

3 & 4 Step RF forward, Lock LF behind RF, Step RF forward

5 - 6 Step LF forward, Recover onto RF

7 & 8 1/2 turn L stepping forward on LF, Lock RF behind RF, Step LF forward (03:00)

1 & 2 □□□□ , □□□□□

3 & 4 □□□□ , □□□□□ , □□□□

5 - 6 □□□□ , □□□□

7 & 8 □□ 1/2 □□□□ , □□□□□ , □□□□ (03:00)

Sec. 4 WALK FORWARD(R,L), FORWARD SHUFFLE, FORWARD, RECOVER,

1 - 2 Step RF forward, Step LF forward

3 & 4 Step RF forward, Lock LF behind RF, Step RF forward

5 - 8 Step LF forward, Recover onto RF, Big step back on LF, Drag RF to LF

1 - 2 □□□□ , □□□□

3 & 4 □□□□ , □□□□□ , □□□□

5 - 8 □□□□ , □□□□ , □□□□□ , □□□□□

Start Again
Have Fun & Happy Dancing!
Contact Amy Yang: yang43999@gmail.com