

Electro Mama

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Count: 32

Wall: 4

Level: Beginner / Intermediate

Choreographer: Michele Perron and Gerard Murphy (March 2015)

Music: Peas and Rice by Swing Republic Ft. Count Basie & Jimmy Rushing; 121 bpm (half time count)
3:13 Album: Electro Swing Republic (iTunes)

Introduction: 32 Counts (begin before lyrics) - CCW rotation

Christmas Selection: Mele Kalikimaka by Bette Midler (Album: Cool Yule)

Sec. I (1- 8)

1 & RIGHT Heel forward, RIGHT Heel/Hook Up in front of L shin

2 & RIGHT Heel forward, Hold

3 & 4 & RIGHT Step back, Hold, LEFT Step back, Hold

5 & 6 & RIGHT Rock/Step back, LEFT Recover/Step forward, RIGHT Step forward, Hold

7 & 8 & LEFT Step forward, Hold, Turn 1/4 R with RIGHT Step side R, Hold [3 o'clock]

Sec. II (9-16)

1 & 2 & LEFT Toe/Touch across front of R, Hold, LEFT Step side L, Hold

3 & 4 & RIGHT Toe/Touch across front of L, Hold, RIGHT Step side R, Hold

(Styling Note: add some arm/hands motions with Toe Touches)

5 & 6 & LEFT Step across front of R, Hold, RIGHT Step back, Hold

7 & 8 & Turn 1/4 L with LEFT Step side L, Hold, RIGHT Step forward, Hold [12 o'clock]

Sec. III (17-24)

1 & LEFT Step forward, RIGHT Step forward & behind L in 3rd position

2 & LEFT Step forward, Hold

3 & 4 & RIGHT Step forward, Hold, Turn 1/2 L with LEFT Step forward, Hold [6 o'clock]

5 & RIGHT Step forward, Hold

6 & LEFT Step side L, Heels raise up/Knees pop forward,

7 & Heels/Knees return to original position, Heels raise up/Knees pop forward

8 & Heels/Knees return to original position, Hold

(Styling Note: add shoulder shrugs on Knee Pops)

Sec. IV (25-32)

1 & 2 & RIGHT Step side R, Hold, LEFT Toe/Tap crossed behind R, Hold

3 & 4 & LEFT Step side L, Hold, RIGHT Toe/Tap crossed behind L, Hold

(Styling Note: add some arm/hand motions with Taps)

5 & 6 & RIGHT Step side R, Hold, LEFT step across behind R, Hold

7 & 8 & Turn 1/4 R with RIGHT Step forward, Hold, LEFT Step forward, Hold [9 o'clock]

Begin Again

Ending: To end facing front wall; you will be dancing "Heel Hook Heel Hold" (Sec I) on 3 o'clock wall,

Add: Right Step back and Turn 1/4 L with L Lunge side L & Pose.

Contact: michele.perron@gmail.com - murphydance@ns.sympatico.ca

(*Revised April 3rd 2015)