

# Feel Good

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**Count:** 48      **Wall:** 2      **Level:** Improver

**Choreographer:** Judy Rodgers - January 2018

**Music:** Feel Good by Tyrone Wells (CD: Roll With It)

## #16 count intro

### S1: Step lock & step lock, rock recover, coaster step

- 1-2&**      Step R fwd to right diagonal, step lock L behind R, step R fwd  
**3-4&**      Step L fwd to left diagonal, step lock R behind L, step L fwd  
**5-6**      Rock R fwd, recover L  
**7&8**      Step R back, step L beside R, step R fwd

### S2: Side, behind, shuffle turn 1/4 L, turn 1/2 L, turn 1/2 L, shuffle

- 1-2**      Step L to left side, step R behind L  
**3&4**      Turn 1/4 left shuffle forward L R L - 9:00  
**5-6**      Turn 1/2 left step R back, turn 1/2 L step L fwd  
**7&8**      Shuffle fwd R L R

### S3: Side rock & side rock, sailor turn 1/4 R, sailor step

- 1-2**      Rock L to left side, recover R  
**&3-4**      Step L together, rock R to right side, recover L  
**5&6**      Turn 1/4 right step R behind L, step L to left side, step R to right side - 12:00  
**7&8**      Step L behind R, step R to right side, step L to left side

### S4: Walk, walk, rock recover turn 1/2 R, shuffle, rock recover

- 1-2**      Walk R, walk L  
**3&4**      Rock R fwd, recover L, turn 1/2 right step R fwd - 6:00  
**5&6**      Shuffle fwd L R L  
**7-8**      Rock R fwd, recover L

**\*\*\* Restart here on Wall 6 facing 12:00**

### S5: Back, turn 1/4 L, cross & cross, side rock, behind, turn 1/4 R

- 1-2** Step R back, turn 1/4 left step L to left side - 3:00
- 3&4** Cross R over L, step L to left side, cross R over L
- 5-6** Rock L to left side, recover R
- 7-8** Step L behind R, turn 1/4 right step R fwd - 6:00

**S6: Kick ball point, kick ball point & point, drag/touch**

- 1&2** Kick L fwd, step down L, point R to right side
- 3&4&5** Kick R fwd, step down R, point L to left side, step L beside R, point R
- 6-8** Drag R to L over 3 counts

**One Restart: Wall 6 - dance 32 counts and restart from beginning of dance facing 12:00**

**Ending: Wall 8 ...dance 16 counts....add 1 count 'turn 1/4 L step L to left side' to face front!!**