

In Stitches

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Count: 32 **Wall:** 2 **Level:** Beginner

Choreographer: Lynn Card - Oct 2015

Music: "Stitches" by Shawn Mendes

**** (For my daughter Chloe, who had stitches Oct. 2015) ****

INTRO: 16 COUNTS - No Tags, 1 Restart Optional

SECTION 1: SIDE, HOLD, STEP, SIDE, TOUCH, SIDE, HOLD, STEP SIDE, TOUCH

- 1,2 Step R to right, Hold
- &3,4 Step L next to R, Step R to right, Touch L next to R
- 5,6 Step L to left, Hold
- &7,8 Step R next to L, Step L to left, Touch R next to L

SECTION 2: ROCKING CHAIR, STEP, ¼ TURN, HEEL, STEP, HEEL

- 1,2 Rock R forward, Recover back on L
- 3,4 Rock R back, Recover forward on L
- 5,6 Step R forward, Turn ¼ to left touch L heel forward
- 7,8 Step L next to R, Touch R heel forward (3:00)

SECTION 3: TOUCH, HEEL, TOUCH, HEEL, STEP, HEEL TOUCH, HEEL

- 1,2 Touch R center next to to L, Touch R heel forward
- &3,4 Touch R next to L, Touch R heel forward
- 5,6 Step R next to L, Touch L heel forward
- &7,8 Touch L next to R, Touch L heel forward

RESTART OPTIONAL HERE IN WALL 11 after 16 counts...but note this will change the 2 wall dance from 12 and 6 to 3 and 9...Restart not necessary for beginner dancers.

SECTION 4: STEP, HITCH, STEP, ¼ TURN, HITCH, STEP TOGETHER, HEEL SPLIT

- 1,2 Step L next to R, Hitch R (feet actually slightly apart/shoulder width)
- 3,4 Step down on R, Turn ¼ to left as you hitch L (6:00)
- 5,6 Step down/forward on L, Step R next to L

7,8 Split heels apart, Bring heels together

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=107383