

HELPLESSLY, HOPELESSLY, RECKLESSLY

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Count: 48 **Wall:** 2 **Level:** intermediate waltz

Choreographer: Michael Vera-Lobos

Music: Helplessly, Hopelessly, Recklessly by Jessica Andrews

BASIC WALTZ FORWARD, STEP BACK, HALF TURN, HALF TURN

1-2-3 Step forward right, step left beside right, step right beside left

4-5-6 Step back on left, turn $\frac{1}{2}$ turn right on right, step forward on left turning $\frac{1}{2}$ turn right

WALTZ BACK, CROSS IN FRONT, $\frac{1}{4}$ TURN LEFT, $\frac{1}{4}$ TURN LEFT

1-2-3 Step back on right, step left beside right, step right beside left

4-5-6 Cross left over right, step right to right turning $\frac{1}{4}$ turn left, step left to left turning $\frac{1}{4}$ turn left

CROSS WALTZ, CROSS WALTZ, CROSS WALTZ, CROSS, $\frac{1}{4}$ LEFT, $\frac{1}{4}$ LEFT

1-2-3 Traveling forward - cross right over left, rock left to left side, rock weight center on right

4-5-6 Traveling forward - cross left over right, rock right to right side, rock weight center on left

1-2-3 Traveling forward - cross right over left, rock left to left side, rock weight center on right

4-5-6 Cross left over right, step right to right turning $\frac{1}{4}$ turn left, step left to left turning $\frac{1}{4}$ turn left

LARGE STEP TO SIDE, DRAG FOR 2 COUNTS, LARGE STEP TO SIDE, DRAG 2 COUNTS

1-2-3 Step right to right side, drag left toe towards right for two counts (end weight right)

4-5-6 Step left to left side, drag right toe towards left for two counts (end weight left)

RIGHT COASTER STEP, FULL TURN FORWARD

1-2-3 Step back on right, step left beside right, step forward on right foot

4-5-6 Step forward on left turning $\frac{1}{2}$ turn right, step back on right turning $\frac{1}{2}$ turn right, step forward on left

STEP FORWARD, DRAG TOGETHER, STEP BACK, HALF, STEP

1-2-3 Step forward right, drag left toe towards right for 2 counts (end weight on right)

4-5-6 Step back on left, step back on right turning $\frac{1}{2}$ turn right, step forward on left

STEP FORWARD, DRAG TOGETHER, STEP SIDE WITH HIPS LEFT-RIGHT-LEFT

1-2-3 Step forward right, drag left toe towards right for 2 counts (end weight on right)

4-5-6 Stepping left to left sway hips left-right-left

REPEAT

RESTARTS

This dance has two restarts and these occur at the end of each chorus. On wall 4 complete dance up to side drag, side drag, coaster, full turn then start the dance again this will reoccur on wall 8. Dance to the same section and start again