

IT'S ALL HEELS

LINEDANCE.COM

Count: 60

Wall: 4

Level: intermediate

Choreographer: Lesley Clark

Music: Paralyzed by Ronnie McDowell

- 1&2&** Two right apple jacks
- 3&4&** Two left apple jacks
- 5-6** Right toe strut going back
- 7-8** Left toe strut going back
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- 9-10** Right toe strut going back
- 11-12** Left toe strut going back
- 13-14** Step right, step left behind right
- 15-16** Step right, scuff left
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- 17-18** Step left, step right behind left
- 19-20 $\frac{1}{2}$** turn left, scuff right
- 21-22** Step right, step left behind right
- 23-24** Step right, scuff left
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- 25-26** Step left, step right behind left
- 27-28 $\frac{1}{4}$** turn left, scuff right
- 29-30** Stomp right forward, fan out to right
- 31-32** Fan out to left, back to center
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- 33-34** Left heel forward, right heel forward
- 35-36** Step back on left foot, step back on right foot

- 37-38** Stomp left forward, fan out to left
- 39-40** Fan out to right, back to center
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- 41-42** Right heel forward, left heel forward
- 43-44** Step back on right foot, step back on left foot
- 45-46** Step forward right, lock left behind
- 47-48** Step forward right, scuff left
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- 49-50** Step forward left, lock right behind
- 51-52** Step forward left, scuff right
- 53-54** Cross right toe over left, drop heel
- 55-56** Step back on left toe, drop heel

57-58^{1/2} turn right on toe, drop heel

- 59-60** Step left toe beside right, drop heel

REPEAT