

Back To My Roots

LINEDANCE.COM

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Ed Lawton and Adrian Churm - March 2018

Music: Going Back To My Roots by Odyssey

Sec 1: Kick, ball side, kick ball side, cross rock, side slide, close.

- 1&2** Kick right foot across left, step ball of right next to left, step left to the side.
- 3&4** Kick right foot across left, step ball of right next to left, step left to the side.
- 5 - 6** Rock right foot across left, recover onto left.
- 7 - 8** Large step to the right side with right (allow left to draw in), close left next to right.

Sec 2: Mashed potatoes back, Jazz Jump, hip roll.

- 1 - 2** Mashed potatoes back as you step back right, left (or any funky walk back).
- 3 - 4** Mashed potatoes back as you step back right, close left next to right left (or any funky walk back).
- &5 - 6** Jump right then left out to the side, hold for count 6.
- 7 - 8** Roll hips around to left for 2 counts (or right if you prefer).

Sec 3: Crossing samba steps (Botafogos), $\frac{3}{4}$ volta turn to right

- 1&2** Step right across left, rock left to the side, recover onto right.
- 3&4** Step left across right, rock right to the side, recover onto left.
- 5&6** Making a $\frac{3}{4}$ turn around to the right over 4 counts, step right across left, step left to the side.
- &7&8** Step right across left, step left to the side, step right across left.

Sec 4: Forward, side and back rocks, step forward, two $\frac{1}{2}$ Pivot turns left.

- 1&2&** Rock left foot forward, recover onto right, rock left foot to the side, recover onto right.
- 3&4** Rock left foot back, recover onto right, step left forward.
- 5 - 6** Step right forward, $\frac{1}{2}$ turn left (weight end on left).
- 7 - 8** Step right forward, $\frac{1}{2}$ turn left (weight end on left).

Option On all the rock steps in section 4 lean forward and down when they sing "back down to earth"

Tags & Restarts

Wall 3: end of section 1 add in 2 heel bounces with feet together bending knees to bounce (4 counts) and Restart dance

Wall 4: Restart after section 1.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=124261