

PAPA BEAR'S BED

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Count: 64 **Wall:** 2 **Level:** —

Choreographer: Jan Wyllie

Music: Papa Bear by Keith Harling

- 1-2** Rock forward on right, rock back on right,
- 3&4** Triple step in place left-right-left
- 5-8** Rock back right, rock forward left, rock forward right, rock back on left
- 9-10** Rock back on right, rock forward on left,
- 11&12** Shuffle forward right-left-right
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- 1-4** Rock forward on left, rock back on right turning $\frac{1}{2}$ turn left stepping forward on left, rock forward on right
- 5-6** Rock back on left turning $\frac{1}{2}$ turn right stepping forward on right
- 7-8** Turn $\frac{1}{2}$ turn right stepping back on left, continue to turn $\frac{1}{2}$ turn right stepping forward on right
- 9-10** Rock/step forward on left, rock back on right,
- 11&12** Triple step in place left-right-left
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- 1-4** Step back on right, step left beside right, step forward on right, hold
- 5-8** Step forward on left, step right beside left, step back on left, hold
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- 1-4** Rock/step right to right, rock weight to left, cross right behind left, turn $\frac{1}{4}$ turn left stepping forward on left
- 5-6** Step forward on right & pivot $\frac{1}{2}$ turn left, transfer weight to left
- 7&8** Shuffle forward right (right-left-right)

- 1-4** Stride/step forward on left at 45 degrees left, slide right to left, step right, left together with hip bumps
- 5-8** Stride/step forward on right at 45 degrees right, slide left to right, step left, right together with hip bumps
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- 1-2** Rock/step forward left, rock back on right
- 3-4** Turn $\frac{1}{2}$ turn left stepping forward on left, turn $\frac{1}{4}$ turn left stepping right to right side
- 5-6** Step left behind right, step right to right,
- 7&8** Cross shuffle left over right (left-right-left)
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- 1-2** Rock/step right to right, rock weight to left,
- 3&4** Cross shuffle right over left (right-left-right)
- 5-8** Step left to left, step right beside left, step back on left, step right beside left

REPEAT