

KNOCK YOURSELF OUT

LINEDANCE.COM

Count: 32

Wall: 4

Level: intermediate

Choreographer: Maggie Gallagher

Music: Knock Yourself Out by Toby Keith

FORWARD, ROCKS, LEFT BACK LOCK, ROCKS, ½ LEFT, SIDE STEP LEFT

- 1-2-3** Step forward on right, rock forward on left, rock back onto right 12
- 4&5** Step back on left, lock right in front of left, step back on left (left back lock step)
- 6-7** Rock back onto right, rock forward onto left

8&½ turn left stepping back on right, step left to left side (6:00)

RIGHT CROSS, SWAYS, WEAVE RIGHT, ROCK, RECOVER, ½ HINGE RIGHT TWICE

- 1** Cross right over left
- 2-3** Step left to left side swaying left, sway right
- 4&5** Cross left behind right, step right to right side, cross left over right
- 6-7** Rock out to right side, recover onto left side

8&½ hinge turn right stepping right to right side, ½ hinge turn right stepping left to left side

Keep the hinge turns small as they are very quick

RIGHT ROCK BACK, ROCK FORWARD, RIGHT SIDE CHASSE WITH ¼ TURN RIGHT, STEP FORWARD, ¼ RIGHT, LEFT CROSS SHUFFLE

1-2(On a slight diagonal right) rock back on right, rock forward onto left (6:00)

- 3&4** Step right to right side, close left beside right, ¼ turn right stepping forward on right (9:00)
- 5-6** Step forward on left, make ¼ turn right placing weight onto right (12:00)
- 7&8** Cross left over right, step right to right side, cross left over right

SIDE STEP, LEFT CROSS, FULL UNWIND RIGHT, LEFT SIDE CHASSE, ROCK, RECOVER, ¼ LEFT STEP BACK, LEFT TOGETHER

- 1-2** Step right to right side, cross left over right
- 3** Unwind a full turn right (weight ending on right) (12:00)

4&5 Step left to left side, close right beside left, step left to left side (left side chasse)

6-7(On a slight diagonal right) rock back on right, recover onto left

8& Make $\frac{1}{4}$ turn left stepping back on right, close left beside right (9:00)

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=27074