

GOING NOWHERE SLOW

LINEDANCE.COM

Count: 32

Wall: 2

Level: beginner/intermediate

Choreographer: William Sevone

Music: You Ain't Going Nowhere by The Byrds

SYNCOPATED FORWARD STEP-LOCKSTEP, CROSS STEP, STEP BACKWARD, SYNCOPATED BACKWARD STEP-LOCKSTEP, STEP BACKWARD, $\frac{1}{4}$ LEFT STEP FORWARD

- 1&2** Step forward onto left foot, lock right foot behind left, step forward onto left foot
- 3-4** Cross step right foot over left, step backward onto left foot
- 5&6** Step backward onto right foot, lock left foot across front of right, step backward onto right foot
- 7-8** Step backward onto left foot, turn $\frac{1}{4}$ left & step forward onto right foot

FORWARD SHORT CROSS STEP, STEP, $\frac{1}{4}$ LEFT WEAVE, SYNCOPATED CROSS STEP WITH $\frac{1}{2}$ LEFT

9-10(Short step) step left foot forward across right, step onto right foot (in place)

- 11-12** Turn $\frac{1}{4}$ left & step left foot to left side, cross step right foot over left
- 13-14** Step left foot to left side, cross step right foot behind left
- 15&16** Step left foot next to right, cross step right foot over left, unwind $\frac{1}{2}$ left (weight on right foot)

2X FORWARD TOE HEEL STRUTS, SYNCOPATED CROSSING TOE HEEL STRUTS

- 17-18** Step forward onto left toe, drop left heel to floor
- 19-20** Step forward onto right toe, drop right heel to floor
- 21-22** Cross step left toe over right foot, drop left heel to floor
- &** Step left foot back to center
- 23-24** Cross step right toe over left foot, drop right heel to floor

FORWARD FULL TURN LEFT WITH STEP FORWARD, SYNCOPATED FORWARD STEP LOCKSTEP, $\frac{1}{4}$ RIGHT STEP BACKWARD, $\frac{1}{4}$ RIGHT SIDE STEP, WALK FORWARD: RIGHT-LEFT

- 25-26** Unwind $\frac{3}{4}$ left (weight on right foot), turn $\frac{1}{4}$ left & step forward onto left foot
- 27&28** Step forward onto right foot, lock left foot behind right, step forward onto right foot

29-30 Turn $\frac{1}{4}$ right & step backward onto left foot, turn $\frac{1}{4}$ right & step right foot to right side

31-32 Walk forward: left, right

REPEAT

DANCE FINISH

On the 10th wall dance up to and including count 16 (12:00) then cross touch left toe behind right foot with right hand on hat brim and left hand behind back

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=53295