

GROOVILICIOUS

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Peter Metelnick

Music: Best Years Of Our Lives by The Baha Men

RIGHT SIDE MAMBO, LEFT SIDE TOUCH & CLAP 2X, ¼ LEFT COASTER STEP, SKATE FORWARD 2

- 1&2** Rock right foot to right side, recover weight on left foot, step right foot together
- 3&4** Touch left toes to left side, hold & clap 2x
- 5&6** Turning ¼ left step left foot back, step right foot together, step left foot forward
- 7** Step right foot forward turning right toes on right diagonal
- 8** Step left foot forward turning left toes on left diagonal

RIGHT HEEL BALL CROSS, RIGHT STEP BACK, LEFT HEEL BACK CROSS, ¾ LEFT UNWIND, LEFT FORWARD SHUFFLE, RIGHT KICK FORWARD

- 1&2** Touch right heel forward, step right foot back, cross step left foot over right
- &** Step right foot back
- 3&4** Touch left heel forward, step left foot back, cross step right foot over left
- 5** Unwind ¾ left keeping weight on right foot (option - hitch left knee up slightly)
- 6&7** Step left foot forward, step right foot together, step left foot forward
- 8** Kick right foot forward

RIGHT TOGETHER, LEFT TO LEFT SIDE, RIGHT TOGETHER, LEFT SIDE SHUFFLE, RIGHT CROSS STEP & UNWIND FULL TURN LEFT, RIGHT SIDE SHUFFLE

- &1-2** Step right foot together, step left foot to left side, step right foot together
- 3&4** Step left foot to left side, step right foot together, step left foot to left side
- 5-6** Cross step right foot over left, unwind full turn left with weight ending on left foot
- 7&8** Step right foot to right side, step left foot together, step right foot to right side

LEFT CROSS ROCK & RECOVER, ¼ LEFT & FORWARD SHUFFLE, RIGHT KICK, RIGHT BACK, LEFT APART, RIGHT BACK, LEFT TOGETHER, HOLD & CLAP 2X

- 1-2** Cross rock left foot over right, recover weight on right foot

- 3&4** Turning $\frac{1}{4}$ left step left foot forward, step right foot together, step left foot forward
- 5&6** Kick right foot forward, step right foot back, step left foot apart
- &7** Step right foot back and in towards left foot, step left foot together
- &8** Clap 2x

REPEAT