

HOLDING OUT (FOR A HERO)

LINEDANCE.COM

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Gaye Teather

Music: Holding Out For A Hero by Bonnie Tyler

CHASSE RIGHT, ROCK BACK, SIDE-BEHIND, SHUFFLE $\frac{1}{4}$ TURN LEFT

- 1&2** Step right to right side, close left beside right, step right to right
- 3-4** Rock back on left foot, recover onto right
- 5-6** Step left to left side, cross right behind left
- 7&8** Step left foot $\frac{1}{4}$ turn left, close right beside left, step forward on left (9:00)

POINT-CROSS, POINT-CROSS, POINT, $\frac{1}{2}$ TURN RIGHT, POINT, TOUCH

- 9-10** Point right toe to right side, cross step right over left
- 11-12** Point left toe to left side, cross step left over right
- 13-14** Point right toe to right side, make $\frac{1}{2}$ turn right on ball of left stepping right beside left
- 15-16** Point left toe to left side, touch left toe beside right foot (3:00)

ROCK BACK, LEFT SHUFFLE FORWARD, FULL TURN LEFT, RIGHT SHUFFLE FORWARD

- 17-18** Rock back on left foot, recover onto right
- 19&20** Step forward on left, close right beside left, step forward on left
- 21-22 $\frac{1}{2}$** turn left stepping back on right, $\frac{1}{2}$ turn left stepping forward on left
- 23&24** Step forward on right, close left beside right, step forward on right (3:00)

STEP, $\frac{1}{4}$ TURN RIGHT, CROSS SHUFFLE, RIGHT WEAVE

- 25-26** Step forward on left, turn $\frac{1}{4}$ right
- 27&28** Cross left over right, step right to right, cross left over right
- 29-30** Step right to right, cross left behind right
- 31-32** Step right to right, cross left over right (6:00)

SIDE ROCK, CROSS SHUFFLE, SIDE-BEHIND, $\frac{1}{4}$ TURN LEFT, STEP

- 33-34** Rock right to right side, recover onto left
- 35&36** Cross right over left, step left to left, cross right over left

- 37-38** Step left to left, cross right behind left
- 39-40** Step left foot $\frac{1}{4}$ turn left, step forward on right (3:00)

FORWARD ROCK, BACK, HOLD & CLAP, JAZZ JUMPS BACK X 3, HOLD & CLAP

- 41-42** Rock forward on left, recover onto right
- 43-44** Step back on left, hold and clap
- &45** Small jump step back on right, step left beside right
- &46&47** Repeat steps & 45 twice more
- 48** Hold and clap (3:00)

$\frac{1}{4}$ MONTEREY TURN RIGHT, FULL ROLLING TURN LEFT

- 49-50** Point right toe to right side, on ball of left turn $\frac{1}{4}$ right stepping right beside left
- 51-52** Point left toe to left side, touch left beside right
- 53-54** Step left foot $\frac{1}{4}$ left, make $\frac{1}{2}$ turn left stepping back on right
- 55-56** Turn $\frac{1}{4}$ left stepping left to left side, touch right beside left (6:00)

CHASSE RIGHT, $\frac{1}{2}$ TURN RIGHT, CLAP, $\frac{1}{2}$ TURN RIGHT, CLAP, CROSS, CLAP

- 57&58** Step right to right side, close left beside right, step right to right
- 59-60** Make $\frac{1}{2}$ turn right stepping left to left side, hold and clap
- 61-62** Make $\frac{1}{2}$ turn right stepping right to right side, hold and clap
- 63-64** Cross step left over right, hold and clap

REPEAT