

I Hate Myself

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Guyton Mundy (March 2015)

Music: I Hate Myself for Loving You. by Joan Jett and the Blackhearts

#32 count intro after hard beat.

[1-8] walk, out, sailor, behind, 1/4, rock/recover, back, 1/2

1-2walk forward on right, step left out to left side

3&4step right behind left, step together with left, step right to right

&5step left behind right, make a 1/4 turn to right stepping forward on right

6&7rock forward on left, recover on right, step back on left

8make a 1/2 turn to right stepping forward on right

[9-16] 1/2 chase turn, walk X2, cross, back, side, cross, 1/4

1&2step forward on left, make a 1/2 turn to right stepping down on right, step forward on left

3-4walk forward right, left

5&6cross right over left, step back on left, step right to right side

7-8cross left over right, step back on right as you make a 1/4 turn to left

TAG # 3. Here you will change steps, cross left over right, step back on right, make a 1/4 turn to the left to face the front wall and step forward on left. counts will be 7&8.

You will start the Tag on the front wall

[17-24] 1/4, cross, back side, forward syncopated weave, step

1-2make a 1/4 turn to left as you step forward on left, cross right over left

3-4step back on left, step right to right

5&6step forward on left, step right behind, step forward on left

&7-8step forward on right, step left behind right, step forward on right

[25-32] rock/recover, back, 1/2, 1/2 chase, walk, triple

1&2rock forward on left, recover on right, step back on left

3make a 1/2 turn to right stepping forward on right

4&5step forward on left, make a 1/2 turn to right stepping down on right, step forward on left

6step forward on right

7&8step forward on left, step together with right, step forward on left

Tag will be done after the 2nd and the 6th and after 16 counts of the 9th wall

TAG..... The Tag is 8 counts and is done 3 times in the dance.

1-8cross, back, back, cross, rock back recover, walk X2

1-2cross right over left, step back on left

3-4step back on right, cross left over right

5-6rock back on right, recover on left

7-8walk forward right, left