

DANCE TO THE MUSIC

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Count: 48

Wall: 2

Level: intermediate

Choreographer: Michele Burton & Michael Barr

Music: Dance To The Music by Sly & The Family Stone

STEP TOUCH, STEP TOUCH, JAZZ BOX CROSS

- 1-4** Step forward on right foot, touch left to left side, step forward on left foot, touch right foot to right side
- 5-8** Cross right foot in front of left, step back on left foot, step back on right foot, step left in front of right

SIDE SHUFFLE $\frac{1}{4}$ LEFT, $\frac{1}{4}$ TURN STEP TOUCH, BALL CHANGE CROSS STEP SLIDE, BALL CHANGE FORWARD

- 1&2** Step right foot to right, step left beside right (begin turning body left), turn $\frac{1}{4}$ left, stepping back on right foot
- 3-4** Turn $\frac{1}{4}$ left, stepping left foot to left (can be a big step left when comfortable), touch right foot beside left
- &5-6** Step slightly back on ball of right foot, step left foot in front of right, step right foot to right (big step with left foot sliding)
- 7&8** Still sliding for count 7, step on ball of left foot next to right, step forward on right foot

STEP FORWARD $\frac{1}{2}$ LEFT, STEP BACK TOUCH, STEP FORWARD $\frac{1}{2}$ RIGHT, STEP BACK TOUCH

- 1-4** Step forward on left foot, $\frac{1}{2}$ turn left, stepping back on right foot, step back on left foot, touch right foot in front of left
- 5-8** Step forward on right foot, $\frac{1}{2}$ turn right, stepping back on left foot, step back on right foot, touch left foot in front of right

STEP FORWARD $\frac{1}{2}$ LEFT, STEP BACK TOUCH, STEP FORWARD $\frac{1}{4}$ RIGHT, STEP BACK TOUCH

- 1-4** Step forward on left foot, $\frac{1}{2}$ turn left, stepping back on right foot, step back on left foot, touch right foot in front of left
- 5-8** Step forward on right foot, $\frac{1}{4}$ turn right, stepping back on left foot, step back on right foot, touch left foot in front of right

STEP FORWARD STEP ¼ LEFT, SAILOR, SAILOR, SAILOR ¼ LEFT

- 1-2** Step forward on left foot, turn ¼ left, stepping right foot to right
- 3&4** Step left behind right, step right to right side, step left to left side
- 5&6** Step right behind left, step left to left side, step right to right side
- 7&8** Step left behind right, ¼ turn left stepping right beside left, step left foot forward

STEP LIFT ¼ RIGHT, SYNCOPATED WEAVE, SPIRAL ½ LEFT TURN, STEP FORWARD

- 1-2** Step forward on right foot, turn ¼ right on ball of right foot, while hitching left knee (left knee slightly crossing right knee)
- 3-4** Step left foot in front of right, step right foot to right
- 5&6** Step left foot behind right, step right foot to right and slightly back, step left foot in front of right
- 7-8** Step right foot to right and turn ½ left on ball of right foot, step forward on left foot

REPEAT