

# Mess of Blues

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**Count:** 48      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Yvonne Anderson , March 2012

**Music:** Mess O' Blues by Jeff Healey, Album: Mess Of Blues, (bpm: 124)

**Notes: Start on Main vocal. Two restarts walls 3&7 (both facing 3 o'clock) dance through to count 32, then on an & count step L beside right and begin dance again.**

**Music ends during wall 9 to finish facing forward dance through to count 24 (facing 6 o'clock) adjust paddle turn (paddle 1/4 twice, now facing 12 o'clock) weave and point as normal - strike a pose music ends as you point...taa dah!!**

## **[1-8] FORWARD, TOUCH, BACK, KICK, HEEL GRIND, COASTER STEP**

**1-4**      Step R forward, Touch L behind right, Step L back, Kick R forward [12]

**&5-6(&) Step R beside left, Touch L heel forward, Grind L heel from right to left [12]**

**7&8**      Step L back, (&) Step R beside left, Step L forward

## **[9-16] SHUFFLE FORWARD R & L, 1/4 TURN SIDE, HOLD, TOGETHER-SIDE, TOUCH**

**1&2**      Shuffle forward stepping R, L, R [12]

**3&4**      Shuffle forward stepping L, R, L [12]

**5-6**      Make 1/4 turn left stepping R to side, Hold [9]

**&7-8(&) Step L beside right, Step R to right, Touch L toes beside right [9]**

## **[17-24] 3/4 TURN LEFT, SHUFFLE 1/2 turn left, JAZZ BOX**

**1-2**      Make 1/4 turn left stepping L forward, Make 1/2 turn left stepping R back [12]

**3&4**      Make 1/2 turn left stepping L, R, L [6]

**5-8**      Step R across left, Step L back, Step R to right, Step L forward [6]

## **[25-32] PADDLE 1/4, 1/2, WEAWE FRONT, SIDE, BEHIND, POINT**

**1-2**      Step R forward, Make 1/4 turn left pushing hips back and around weight ends on left [3]

**3-4**      Step R forward, Make 1/2 turn left pushing hips back and around weight ends on left [9]

**5-8**      Step R across left, Step L to left, Step R behind left, Point L toes to left [9]

**Restart: walls 3&7 (both facing 3 o'clock) dance through to count 32 then on an & count step L beside right, begin again**

**[33-40] CROSS, UNWIND 3/4 TURN RIGHT, SHUFFLE BACK, ROCK BACK, RECOVER, FULL TURN RIGHT (travels forward)**

- 1-2** Step L across right, Unwind 3/4 turn right [6]  
**3&4** Shuffle back stepping R, L, R [6]  
**5-6** Rock L back, Recover [6]  
**7-8** Make 1/2 turn right stepping L back, Make 1/2 turn right stepping L forward [6]

**[41-48] SHUFFLE FORWARD, HEEL GRIND 1/4 TURN RIGHT, COASTER STEP, SHUFFLE FORWARD**

- 1&2** Shuffle forward stepping L, R, L [6]  
**3-4** Touch R heel forward, Grind 1/4 turn right weight ends on L [9]  
**5-6** Step R back, (&) Step L beside right, Step R forward [9]  
**7&8** Shuffle forward stepping L, R, L [9]

**Repeat**

**Contact: [www.elyron.com](http://www.elyron.com)**